


April 2023 B 

Announcements




Better Health Through Better Understanding | April 2023



**April is  
Autism  
Awareness  
Month**

**NBNA 2023 PRESIDENTIAL CANDIDATE**

**VOTE FOR  
DR. SHELDON D. FIELDS**  
PHD, RN, FNP-BC, AACRN, FAANP, FNAP, FAAN




**PROFESSIONAL ACCOMPLISHMENT  
AND LEADERSHIP**

- 32 years of Nursing Experience
- 1st Black Male UPENN Nursing Ph.D. Graduate
- ANCC Certified Family Nurse Practitioner
- Former Robert Wood Johnson Health Policy Fellow, Alum 2009
- Accomplished and Highly Published HIV/AIDS Prevention Research Scientist
- Full-time Professor, former Nursing Dean, Associate Dean for DEI Penn State University
- Entrepreneur: CEO of "The S.D.F Group LLC"
- Triple Fellow: FAANP, FNAP, FAAN
- Founding Father of The Greater New York City Black Nurses Association

★★★★★

**"YOUR VOTE IS YOUR VOICE!"**

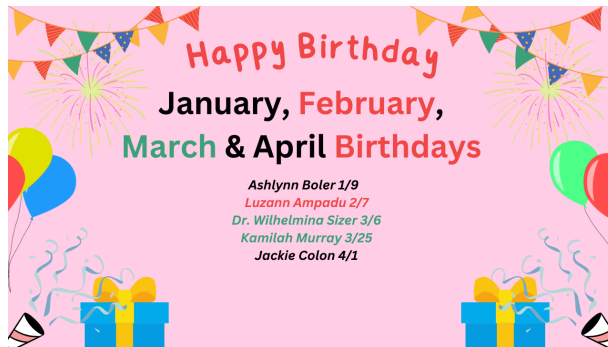
 @SDFNBNA23

Get ready to vote for our very own Chapter Advisor, Dr. Sheldon Fields, as NBNA's 14th president. Please follow his instagram page to hear more about his campaign.



**Happy Birthday**  
**January, February,  
March & April Birthdays**

*Ashlynn Boler 1/9*  
*Luzann Ampadu 2/7*  
*Dr. Wilhelmina Sizer 3/6*  
*Kamilah Murray 3/25*  
*Jackie Colon 4/1*



**RBNA Celebrates Birthdays**, Please take a moment and complete this quick [form](#)



**KNOW SOMEONE WITH MEMORY LOSS?**  
Subjective Cognitive Decline Among Black Adults

**54% of Black Adults** with SCD had to give up day-to-day activities such as:

- Cooking
- Cleaning
- Taking Medication

**1 in 8** Black adults aged 45 years and older are experiencing (SCD) Subjective Cognitive Decline

**Less than half** of Black adults with SCD have discussed their symptoms with a healthcare provider.

**Talk to a healthcare provider about:**

- Possible treatment
- Care planning
- Management of chronic conditions
- Caregiving needs

**MEMORY LOSS IS NOT A NORMAL PART OF AGING**

US AGAINST ALZHEIMER'S CENTER BY BRAIN HEALTH EQUITY

Learn more at [usagainstalzhaimers.org](https://www.usagainstalzhaimers.org)

This #MinorityHealthMonth, make #BrainHealth a priority. Check out @UsAgainstAlz's Brain Health Academy to learn how you can prevent #Alzheimers. #EndHealthDisparities #BrainHealthEquity <https://www.usagainstalzhaimers.org/brain-healthacademy>

**VITAS Healthcare**

**EARN ONE FREE CE CREDIT**

**CE Webinar for Healthcare Professionals**  
**Advance Directives and Advance Care Planning**

**Wednesday, April 12, 2023**  
1:00 pm EST | 12:00 pm CST | 11:00 am MST | 10:00 am PST

Talking with patients about their goals and preferences for medical care reduces aggressive interventions near the end of life, increases hospice enrollment, improves care satisfaction, and increases the likelihood that patients will die in the setting they prefer, according to studies. This webinar explores the history, application, and types of advance directives, and provides practical advice for engaging in difficult-but-necessary conversations with patients and family/caregivers.

Earn 1 CE Credit

**Register Today!**

**Featured VITAS Expert**  
**Heather Veeder, MD**  
Regional Medical Director

Heather Veeder, MD, is a regional medical director for VITAS® Healthcare in Texas, Illinois, Kansas, Wisconsin, and Missouri. Board certified in family medicine, and hospice and palliative medicine, Dr. Veeder joined VITAS in 2015 as a medical director and was promoted to regional medical director in 2019. She earned her medical degree from Wright State University in Dayton, Ohio, and completed a fellowship in hospice and palliative medicine at UT Health San Antonio.

Download the VITAS app today!

GET IT ON Google Play | Download on the App Store



**Annual Certification Board for Diabetes Care and Education  
Scholarship Program Now Open Through May 15, 2023**

The CBDCE Scholarship program supports the journey of healthcare professionals in the diabetes specialty to earn the CDCES credential and to encourage diversity in the pool of individuals holding the CDCES credential. Scholarship recipients can take the practice exam and apply for the CDCES exam at no cost!

There are five (5) scholarship categories:

- Diversity & Inclusion
- Profession Expansion
- Veterans and Active Military Service
- Young Professionals under 30
- Under-Resourced Population

[Click for More Information](#)



**Nurse Coach  
Fellowship Program**



The Nurse Coach Fellowship program is an American Holistic Nurses Credentialing Corporation (AHNCC) initiative. Through this initiative AHNCC is collaborating with other nursing organizations to increase inclusivity and diversity among our Nurse Coach certificants. We are committed to uplift the contributions of nurse coaches from a wide range of backgrounds and identities, through knowledge sharing, that honors diverse healing traditions and perspectives. We serve to strengthen the nurse coaching role by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. This mission drives us to offer ourselves as instruments of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.



In this two-year Fellowship, recipients are offered a packet that is valued at over \$2500.00 and includes the following:

- Mentorship from an AHNCC certified Nurse Coach for the duration of the application and testing period.
- Free tuition from a recognized Nurse Coach Educational program that covers both the required 60 contact hours and the 60 supervision hours.
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed
- Free 2nd edition of the Art and Competencies of Nurse Coaching

At the beginning of the Fellowship, fellows are provided with a board-certified nurse coach mentor who will facilitate them in preparing for the national Nurse Coach certification examination and help them navigate through the application process.

The Fellow will have two years to complete the Fellowship program and take the certification examination. A certificate will be provided to participants upon completion of the Fellowship program. Upon completion, participants can also include the Fellowship completion in their CVs.

If you are interested in this opportunity please respond to [info@ahncc.org](mailto:info@ahncc.org) within a week. Names will be entered in a lottery for a chance to receive an AHNCC Nurse Coach Fellowship. The best of luck to you.

AHNCC | 811 Landon Loop | Cedar Park, TX 78615 | 785-267-0943 | [info@ahncc.org](mailto:info@ahncc.org) | [www.ahncc.org](http://www.ahncc.org)

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**MEET THE 2023-2025 EXECUTIVE BOARD**



Dr. Celia McIntosh-President

Dr. Natalie LeBlanc- Vice President I

Sheila Johnson- Treasurer

Yachica Johnson- Parliamentarian

Dr. Sheniece Martin-Stancil-EI- Corresponding Secretary

Bryanna Patterson- Historian

Bertha Davis- Recording Secretary

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## Welcome New Members



**Van Smith:** Currently not in the nursing field. Operates a not-for-profit, Recovery Houses of Rochester, providing Human Services. Fun Fact about Van, is that he loves to laugh, he's been told he has the funniest laugh.



**Chanel Parker:** Currently attends Bryant & Stratton College with only 2 more semesters to go. She joined RBNA because she wanted to be a part of a community that understands the struggles associated with being African American health care professional. **Fun Fact** about Chanel, when she was younger she always thought she would fly the blue angel jets, she went to many airshows



**Kristina Santory, MS, RN, CNEcl, CV-BC, CNRN:** Currently teaching in ABPNN and MNE programs at URSON. Graduated from Nazareth College with BSN, Masters in Health Prof Education from URSON, and will be starting EdD in Nursing Education at the University of Alabama in the Fall. I joined RBNA because I am interested in joining a professional organization that is focused on the advancement of Black nursing professionals and is invested in improving health of marginalized groups within Rochester. Services. **Fun Fact** about Kristina, is that in January, she completed the Run Disney Dopey Challenge (5k, 10k, ½ marathon over 4 days in Disneyworld)



**Aisha Mills-Courtright, BSN, RN:**  
 Currently enrolled at Roberts Wesleyan University in the Masters of Nursing Leadership & Administration. I joined RBNA because I want to get involved and help where I can. **Fun Fact** about Aisha is that she can sing a bit; however, she hosts Karaoke every weekend in warmer months, some days they are very bad, but they have fun.

New 2023 Members Not Pictured


- Natasha Blaise
- Eunice Opoku-Boateng
- Nahmese Bacot
- Kamilah Murray
- Calisa Gayle
- Richard Obeng Antwi
- Jaqi Bullock
- Marigoretti Oparah
- Jackie Colon
- Kristina Santory
- Candace Carter
- Diedra Sutton
- Jonathan Lopez
- Thomas Ruffing



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**Monthly Meeting Information**

**Rochester Black Nurses Association Inc.**



**Open to all RNs, LPNs, Nursing Students, Retirees and those who support the mission of NBNA**

NBNA's mission: To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health

**RBNA motto: "The Heart of Community Health: Bridging the Gap"**

**Chapter Meetings occur the 4<sup>th</sup> Tuesday of the month 6-8pm**

**Sponsored by University of Rochester, School of Nursing**

**Guest Speaker: Bryanna Patterson | RBNA Historian | Protected Legacies LLC**

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**Location: Zoom ID 854 4269 2245**

**When: 4<sup>th</sup> Tuesday of the month**  
**April 25<sup>th</sup>, 2023**

**Time 6-8pm**

Join our FB and Instagram @RochesterBNA  
 Email: [Nbna.rochester@gmail.com](mailto:Nbna.rochester@gmail.com)  
 Website: [rocbna.org](http://rocbna.org)  
 Call/Text: 585.210.8374

Rochester Black Nurses Association Continuing Education Program Dates  
 \*Includes chapter meetings  
 \*\*\* CEU month subject to change\*\*\*

1 <sup>st</sup> QUARTER	EVENT	DATE & TIME
January	Chapter Meeting	January 24 <sup>th</sup> , 2023 6-8p
February	Chapter Meeting	February 28 <sup>th</sup> , 2023 6-8p
March	Chapter Meeting Guest speaker: Thera Blasio with Alzheimer's Association	March 28 <sup>th</sup> , 2023 6-8p
2 <sup>nd</sup> QUARTER	EVENT	DATE
April	Chapter Meeting Guest speaker: Bryanna Patterson, RBNA's Historian	April 25 <sup>th</sup> , 2023 6-8p
April	CEU Topic: Black Maternal Health Presenter: Dr. Celia McIntosh 1.0 Credits	April 27 <sup>th</sup> , 2023 6:30-8p
May	Chapter Meeting	May 23 <sup>rd</sup> , 2023 6-8p
June	Chapter Meeting CEU Topic: Diabetes as a Health Disparity Presenter: 1.0 Credits	June 27 <sup>th</sup> , 2023 6-8p
3 <sup>rd</sup> QUARTER	EVENT	DATE
July	NO CHAPTER MEETING-Enjoy your summer	NO CHAPTER MEETING
August	Chapter Meeting	August 22 <sup>nd</sup> , 2023 6-8p
September	Chapter Meeting CEU Topic: Impact of Racism on Black Nurses Presenter: Dr. Yvette Conyers 1.0 Credits	September 26 <sup>th</sup> , 2023 6-7p September 26 <sup>th</sup> , 2023 7p-8p
4 <sup>th</sup> QUARTER	EVENT	DATE
October	Chapter Meeting	October 24 <sup>th</sup> , 2023 6-7p
November	Chapter Meeting CEU Topic: Black Trans Care Presenter: Faith Lambert 1.0 Credit	November 28 <sup>th</sup> , 2023 6-8p

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Upcoming Events

Rochester Black Nurses Association  
 Black Maternal Health Committee  
 PRESENTS  
**“SAVE HER LIFE  
 SAVE A FAMILY”**  
 PROCLAMATION EVENT  
 Thursday April 13, 2023  
 9:30-10:30 AM  
 WATTS CONFERENCE CENTER  
 47 South Fitzhugh Street Rochester, New York 14614

**AFRICAN AMERICAN-LED SUPPORT GROUPS  
 EMBRACING AND LIFTING EACH OTHER UP  
 BREAKING SOCIETAL STIGMAS**

**Empowerment in Support of the Aging**  
 1st Tuesday of the Month – from 6:30pm-7:30pm.

**Engaging with Youth and Supporting Their Voices**  
 2nd Saturday of the Month – from 12:00pm-1:00pm

**African American Women Dealing with Hair Loss**  
 3rd Saturday of the Month – from 12:00pm-1:00pm


**Supporting Single Mothers**  
 4th Tuesday of the Month - from 6:30pm-7:30pm

**Impacts of COVID/Grief/Loss**  
 4th Saturday of the Month - from 12:00pm - 1:00 pm

Please click the link to complete the registration form:  
<https://tinyurl.com/ew9h3tmp>


*This program is supported in part, by a grant from ESL Community Impact.*

The Latino and African American Health Coalitions present the 10th year of




**SPEAK LIFE! 2023 HEALTH EQUITY CONFERENCE**

*¡Acción ahora! - Action now!*



FEATURING ACCLAIMED JOURNALIST, WRITER AND ACTIVIST, FELIPE LUCIANO





**THURSDAY  
APRIL 27TH  
8:15 AM - 2:00 PM**

**IN PERSON** at The Strathallan  
Rochester Hotel & Spa,  
550 East Avenue, Rochester, 14607  
**OR JOIN US ONLINE**

**REGISTRATION IS NOW OPEN!**  
[commongroundhealth.org/speaklife2023](http://commongroundhealth.org/speaklife2023)

**IN PERSON AND ONLINE EVENT, OPEN TO THE PUBLIC.**  
Seating will be on a first-come, first-served basis. Seating is guaranteed upon request. Contact [health-equity@commongroundhealth.org](mailto:health-equity@commongroundhealth.org) by April 18 to request additional accessibility accommodations. \*OHCE fees have been requested.

Thank you to the *Speak Life!* 2023 presenting sponsor:

**JOIN US IN PERSON OR ONLINE FOR THE 2023 SPEAK LIFE! HEALTH EQUITY CONFERENCE** *¡Acción ahora! - Action now!*

With speakers who are experienced at inspiring action, the conference will focus on Latino health as a lens to look at health equity for all people of color in the Finger Lakes.

We will explore how language, skin tone and color can be barriers to health care and other social determinants of health and see how that impacts equitable health outcomes. Together, we'll honor our Community Equity Champions. Reserve your spot today and get ready to take action!

**LEARN MORE ABOUT WHAT TO EXPECT!**

8:15 AM	Check-in
8:45 AM	Introduction, <b>Wilma Alvarado-Little</b>
9:00 AM	Fostering Health Equity for Afro-Latinos, <b>Dr. Adolfo Cuevas</b>
10:00 AM	Break
10:15 AM	Latino Health in the Finger Lakes Region, <b>Wade Norwood</b>
10:30 AM	Achieving Holistic Wellness in the Black and Brown Community, <b>Felipe Luciano</b>
12:00 PM	Lunch
12:45 PM	Panel discussion and roundtables on Taking Action for Latino Health moderated by <b>John Rodriguez</b>
1:45 PM	Awards Ceremony
2:00 PM	Closing

**HEAR FROM OUR 2023 FEATURED SPEAKERS!**

**KEYNOTE SPEAKER**  
**FELIPE LUCIANO**  
Recently named one of *Forbes*, *Entrepreneur* and *Time* magazine's "100 most influential people in the world" and formerly a top leader of the Young Lords Party

**KEYNOTE PRESENTED BY**  
Great Beyond  
**Health Foundation**

**SPEAKER**  
**DR. ADOLFO CUEVAS**  
Assistant Professor, Center for Mathematics, Social Justice and Public Health at New York University

**SPEAKER**  
**WILMA ALVARADO-LITTLE**  
Assistant Commissioner, New York State Department of Health and Director of the Office of Minority Health and Health Disparities Prevention

**SPEAKER**  
**WADE NORWOOD**  
CEO of Common Ground Health

**FEATURING A PANEL DISCUSSION ON TAKING ACTION:**  
Facilitated by **John Rodriguez**, award-winning entrepreneur and Change Saint  
**Dr. Paula Cooperline**, University of Rochester Medical Center Professor of Public Health Sciences and Oncology and Wilmot Cancer Institute's first Associate Director of Community Outreach, Engagement and Disparities  
**Dr. Anthony Jimenez**, Assistant Professor, Rochester Institute of Technology Department of Sociology and Anthropology  
**Angelica Perez-Delgado**, President/CEO of Ibero American Action League  
**Daisy Rivera Algarin**, Director of Neighborhood Service Centers for the City of Rochester and Chair Emeritus of Latinas Unidas

**BE SURE TO REGISTER FOR THE 2023 SPEAK LIFE! HEALTH EQUITY CONFERENCE AT [COMMONGROUNDHEALTH.ORG/SPEAKLIFE2023](http://COMMONGROUNDHEALTH.ORG/SPEAKLIFE2023).**



**COME AND  
ENJOY  
HAPPY HOUR  
WITH RBNA!**

*1 free drink ticket for  
NEW members!!!*

**SAVE THE DATE:  
Friday APRIL 28TH, 2023  
5pm**

**LOCATION:  
THE SIDE BAR  
242 SOUTH AVENUE ROCHESTER NY 14620**



SAVE THE DATE FOR RED WING CONCESSION STAND FUNDRAISING EVENTS


*(6 VOLUNTEERS WILL BE NEEDED)*

**[SIGN UP HERE](#)**

JUNE 4TH, 2023


JUNE 25TH, 2023

SEPTEMBER 17TH, 2023




**NBNA END OF LIFE AD-HOC COMMITTEE**  
Presents  
**Topic: "Communication in Palliative Care"**  
**Speakers: Dr. Marcia Lowe and Dr. Cheryl Thaxton**

Wednesday, April 26, 2023  
7:00 PM EST | 6:00 PM CST  
5:00 PM MST | 4:00 PM PST



**Dr. Marcia Lowe**  
NBNA 2<sup>nd</sup> Vice-President  
Chair, EOL Ad-Hoc Committee



**Dr. Cheryl Thaxton**  
NBNA Member  
National Faculty - ELNEC

**The audience is NBNA Members:**

- ❖ EOL committee members and champions
- ❖ Anyone interested in learning more about Palliative Care

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/84194541805?pwd=ZlY5RkRlTFwvMkVlUmlRSTY2ajJmaldjORmM4Zz09>

Meeting ID: 841 9454 1805  
Passcode: 779578

Find your local number:  
<https://us02web.zoom.us/ukpUI2eHa1>

NATIONAL BLACK NURSES ASSOCIATION  
8630 FENTON STREET, SUITE 910 | SILVER SPRING, MD 20910  
[WWW.NBNA.ORG](http://WWW.NBNA.ORG) | 301-589-3200



NBNA Membership Committee Invites you to  
**Kick-Off Nurses Month**

**Speaker: Dr. Sheniece Martin-Stancil-EI, DNP, RN, CNL**  
**Topic: Including Transgender and Gender Diverse Colleagues**  
Monday May 1, 2023  
7:00 PM EST | 6:00 PM CST  
5:00 PM MST | 4:00 PM PST



**Dr. Marcia Lowe**  
NBNA 2<sup>nd</sup> Vice-President  
Chair Membership Committee



**Dr. Sheniece Martin-Stancil-EI**  
Rochester New York Chapter  
Membership Committee Member

**The audience is NBNA Members:**

- ❖ Anyone interested in learning more about DEI

**Join Zoom Meeting**  
<https://us02web.zoom.us/j/89052300732?pwd=bnRlRkRlTFwvMkVlUmlRSTY2ajJmaldjORmM4Zz09>

Meeting ID: 890 5230 0732  
Passcode: 083470

NATIONAL BLACK NURSES ASSOCIATION  
8630 FENTON STREET, SUITE 910 | SILVER SPRING, MD 20910  
[WWW.NBNA.ORG](http://WWW.NBNA.ORG) | 301-589-3200

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### Scholarship & Benefits

ROCHESTER BLACK NURSES ASSOCIATION

## Members Scholarship Opportunity



Open: April 1, 2023



Deadline: May 1, 2023 11:59 PM.



**POISE FOUNDATION ANNOUNCES 2023 EVELYN PAIGE PARKER SCHOLARSHIP!**

The 2023 Evelyn Paige Parker Scholarship for aspiring nurses is open!

**Applicants:**

1. Must have completed at least one (1) full year in nursing school. (If not, must be enrolled in a nursing second-degree program, diploma RN or LPN to RN program).
2. Must have at least one (1) full year of nursing school remaining (If not, must be enrolled in a nursing second-degree program, diploma RN or LPN to RN program with at least one semester remaining).
3. Be in good scholastic standing as indicated by 3.0 or better GPA at time of application.
4. Must currently be taking a least 6 credit hours per semester.

**Amount:**

Multiple scholarship awards ranging from \$1,500 to \$3,000 to RN and/or an LPN to RN student(s). In 2022, a total of \$12,500 in scholarship awards were given out

Due date: **May 15, 2023**

Very truly yours,

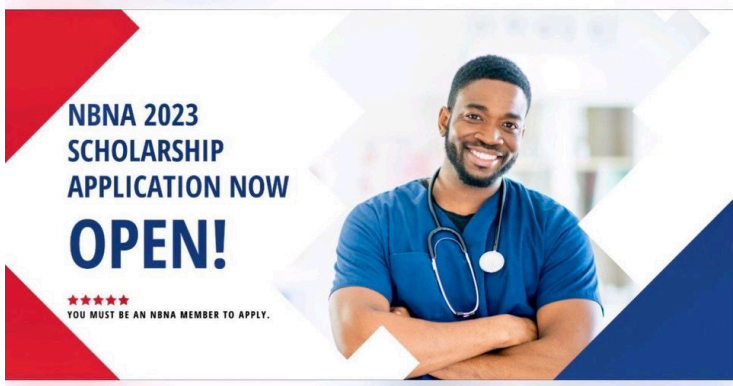
Tchetchet G. Digbohoun  
POISE Foundation  
Scholarship Manager  
Office: 412-281-4967 Ext. 231  
Email: [tdigbohoun@poisefdn.org](mailto:tdigbohoun@poisefdn.org)

[Click to Apply](#)

[Click for More Information](#)

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**NBNA SCHOLARSHIPS 2023**



[TO APPLY, CLICK HERE](#)

[UNDER 40 AWARDS OPEN! TO APPLY, CLICK HERE](#)

[NURSE OF THE YEAR AWARDS | DAISY HEALTH EQUITY AWARDS OPEN! TO APPLY, CLICK HERE](#)

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**RBNA Fundraising Activities**



**SAVE THE DATE FOR RED WING CONCESSION STAND FUNDRAISING EVENTS**

*(6 VOLUNTEERS WILL BE NEEDED)*

**[SIGN UP HERE](#)**

**JUNE 4TH, 2023**

**JUNE 25TH, 2023**

**SEPTEMBER 17TH, 2023**

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**RACIAL HEALING CIRCLES**



**Racial Healing Circles IX  
6 Contact Hours**

**Registration Is Free**

There are many paths toward social justice and health equity and many hands are needed to make change happen. Building a compassionate healthcare system calls us to engage in dialog and introspection around inclusion and equity.

Racial Healing Circles are an established practice that can provide safe and sacred space for deep discussion.

The AHNA Diversity, Equity and Inclusion Task Force has completed both a pilot racial healing circle session for nurses using literature from social justice work by nurses to frame the circles going forward and five different cohorts.

The circles are comprised of four 90-minute sessions facilitated by trained racial healing circle facilitators. Participants will be guided to explore your own experience of race in your community, work and family. The goal of the racial healing circles is for individuals to become more open and prepared to develop policies that support racial justice within organizations and society from a perspective of compassionate understanding.

**Session IX the 3rd Wednesday of each month,  
April - July**

**Wednesday, April 19, 7:30-9:00 pm EDT  
Wednesday, May 17, 7:30-9:00 pm EDT  
Wednesday, June 21, 7:30-9:00 pm EDT  
Wednesday, July 19, 7:30-9:00 pm EDT**

**Register Now**

Successful completion of the program will be based on 100% attendance with 90% on camera active time and completion of a program evaluation.

**6 Contact Hours will be awarded**

**[REGISTER NOW HERE](#)**

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**BLOOD DRIVES**



**SEVERE BLOOD SHORTAGE**  
Blood Donors Needed Now



**Sickle Cell Fighters Rochester**

Thomas P Ryan Community Center  
530 Webster Avenue  
Rochester, NY 14609  
Saturday, April 15  
10:00 am – 3:00 pm

Give at this drive and receive a Red Cross and PEANUTS Joe Cool t-shirt!



All donors receive a free health screening prior to donating.  
1-800-RED-CROSS | RedCrossBlood.org/OurBlood | #TeamUp4SickleCell | #BlackBloodDonorsNeeded

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**Sickle Cell Advocates of Rochester**

**SCAR's weekly newsletter**

**SCAR UPDATES**  
SCAR is saddened to say that we will not be able to host the basketball tournament fundraiser we had been planning for March. However, we are in the process of planning multiple educational and fun events for you all to join us in throughout the year. So stay tuned!  
For some positive news, SCAR is now officially designated as a 501(c)3! This is a big step for us as we are growing our organization to have more impact within the community. Thank you all for your support!

**OTHER SCD NEWS**  
Interested in sharing your SCD story with legislators? [Here's a guide with some simple steps to create a short elevator pitch.](#)  
People with sickle cell disease (SCD) are at greater risk than the general population for kidney complications. [Click here for a guide from the CDC on Steps to Better Kidney Health for People with SCD.](#)

**COMMUNITY EVENTS**  
Victor United Methodist Church Clothes Closet presents:  
Prom dress giveaway  
**Saturday, March 18th from 10am - 2pm at 102 East Main St. Victor**  
Get junior prom and senior ball dresses with accessories for free! Call Karen for more information at 585-703-7421.

**RESOURCES**  
On April 1, states can begin disenrolling Medicaid enrollees for the first time since March 2020. Be on the lookout for cuts in Medicaid eligibility, as part of the "winning from COVID emergency". If you have Medicaid and receive communication about your health insurance coverage in the next few weeks, please read it carefully. Take it seriously. Discuss it with your office of financial assistance, your social worker, or other healthcare insurance advisor. [Click here to learn more.](#)

**LEISURE**  
[Here are The Most Anticipated 2023 Book Releases](#)

Contact us!  
sicklecelladvocatesofrochester@gmail.com | @sicklecelladvocatesofrochester | SCARroc.com

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**CLINICAL EDUCATION INITIATIVE**

**Hepatitis C among Infants, Children and Adolescents**  
 Presented by the American Academy of Pediatrics, New York Chapter 1 and CEI

**Friday, April 28, 2023**  
 12:00-1:00 PM EST

**Speaker:** Ravi Jhaveri, MD

**CME/CNE available!**

To register [click here!](#)

Questions? Contact [Charlotte.Miller@mountsinai.org](mailto:Charlotte.Miller@mountsinai.org)



**SAVE THE DATE**  
**Hepatitis B and C: Coinfection and Reactivation**  
 A HepCure and CEI Co-sponsored Webinar

**Tuesday, May 23, 2023**  
 4:30-5:30 PM EST

**Speaker:** Ponnj Perumalswami, MD, MSCR

Questions? Contact [Charlotte.Miller@mountsinai.org](mailto:Charlotte.Miller@mountsinai.org)



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### MENTAL HEALTH AND THE PANDEMIC



**New locations announced - Register in advance!**

Please join the Office of Mental Health (OMH) for an in-person community engagement session to discuss the mental health priorities outlined in Governor Hochul's 2023 State of the State plan and Fiscal Year 2024 Executive Budget. **Your input will be integral in OMH's planning process for these historic resources** aiming to transform and strengthen the State's mental healthcare system.

We want to hear from providers, advocates, people and families with lived experience and community members. The needs and insights gathered in these sessions will help OMH effectively develop new programs and policies for expanding housing, outpatient programs, school-based clinics, and hospital services, and increase insurance coverage for mental health services.

Please see the dates and locations below and **register in advance for the session that works for you.** The evening and morning sessions in each location cover the same content; both are offered to ensure we reach as many people as possible. The session will begin with a review of the initiatives by OMH leadership and then we will break into groups for focused discussion.

[Register Here](#)

<https://redcap.link/OMHCommunityFeedback>

**Next week! NORTH COUNTRY**

**Plattsburgh – Days Inn at Wyndham, 406 State Route 3**

6:00PM-8:00PM - Monday, March 13, 2023

8:30AM-11:00AM - Tuesday, March 14, 2023

**Next week! CAPITAL REGION**

**Albany – Albany Marriot, 227 Wolf Road**

6:00PM-8:00PM - Wednesday, March 15, 2023

9:00AM-12:00PM - Thursday, March 16, 2023

**Mohawk Valley**

**Utica – Delta Hotels by Marriot, 200 Genesee Street**

6:00PM-8:00PM - Monday, March 20, 2023

9:00AM-12:00PM - Tuesday, March 21, 2023

**Western**

**Olean – Jamestown Community College, Cattaraugus Campus, 260 North Union Street**

6:00PM-8:00PM - Monday, March 20, 2023

9:00AM-12:00PM - Tuesday, March 21, 2023

**Buffalo – Hyatt Regency, 2 Fountain Plaza**

6:00PM-8:00PM - Tuesday, March 21, 2023

9:00AM-12:00PM - Wednesday, March 22, 2023

**Finger Lakes**

**Rochester – Hyatt Regency, 125 East Main Street**

6:00PM-8:00PM – Wednesday, March 22, 2023

9:00AM-12:00PM – Thursday, March 23, 2023

**Southern Tier**

**Binghamton – Holiday Inn, 2-8 Hawley Street**

6:00PM-8:00PM - Wednesday, March 22, 2023

9:00AM-12:00PM - Thursday, March 23, 2023

**Stay tuned! Additional locations will be announced soon.**

If you have any questions, please contact the OMH Office of Planning at [planning@omh.ny.gov](mailto:planning@omh.ny.gov) or visit our [website for this initiative](#) for more information. Additionally, if you have specific communication needs (e.g., American Sign Language interpretation) and would like to attend an in-person session, please let us know as soon as possible so we can accommodate.

We look forward to seeing you soon!

**Office of Mental Health**

44 Holland Avenue, Albany NY 12229

[www.omh.ny.gov](http://www.omh.ny.gov)

Are you in crisis, experiencing emotional distress, or worried about someone you know? Call or text 988 or chat at [988lifeline.org](https://988lifeline.org) 24 hours a day, 7 days a week.



Text HOME to 741741 to connect with a Crisis Counselor

**NEWLY ADDED MENTAL HEALTH RESOURCES ACCEPTING NEW CLIENTS:**

Serena Viktor LMSW (Founder & Therapist @ Pila Hande Wellness Project LLC: [ubunturoots@gmail.com](mailto:ubunturoots@gmail.com) (accepting self clients only)  
214-772-1036

Danni Jo, LMHC: specializing in Maternal Health Mental Health with a certification in Perinatal Mental Health- 585-420-6174 (accepting new clients)

La Carla Holmes, FPMHNP: [commonsensemh.com](http://commonsensemh.com)

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>

<https://bpnroc.org/>

<https://www.psychologytoday.com>

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>

**BLACK HEALERS NETWORK**  
OF GREATER ROCHESTER NEW YORK

**BLACK MENTAL HEALTH PROVIDERS**

**AALIYAH EL-AMIN TURNER, LMHC, NCC** | 585-200-7106  
POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.

**ELLI E. ASSIORO-TIPOH, LMHC, NCC, BC, TMIH** | 585-502-8848  
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.

**FELICIA REED-WATT, LCSW** | 585-454-9334  
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.

**NATURAL RESTORATION COUNSELING AND CONSULTING, JIMI FIGUEROA, LCSW** | 585-629-6750 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES

**NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER** | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. COUPLES. SOME INSURANCES ACCEPTED.

**SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC** | 585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.

**SYLVIA JOHNSON, LCSW** | 585-271-2520 EXT. 1032  
POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.

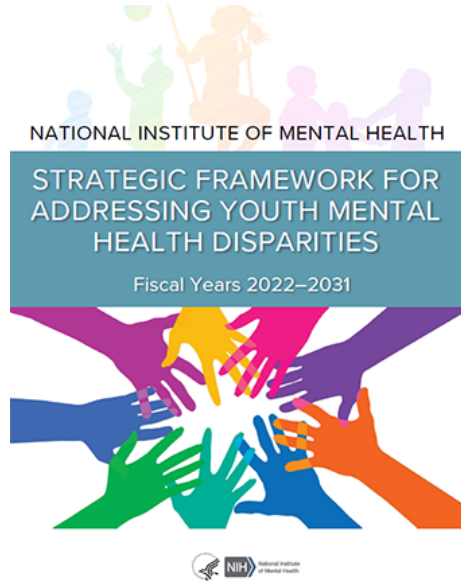
**TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA TERAVY, LCSW** | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.



Sharee L. Gunner, M.S, LMHC  
 Licensed Mental Health Counselor  
 585-280-4688  
 support@newaymentalhealthcounseling.com  
 www.newaymentalhealthcounseling.com

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## NATIONAL INSTITUTE OF MENTAL HEALTH STRATEGIC FRAMEWORK FOR ADDRESSING YOUTH MENTAL HEALTH



[Explore the Full Framework!](#)

### Purpose

The purpose of the National Institute of Mental Health (NIMH) Strategic Framework for Addressing Youth Mental Health Disparities for fiscal years 2022–2031 is to provide a conceptual approach to help guide NIMH activities, including research funding, stakeholder engagement, and workforce development, related to research on the mental health needs of youth impacted by racial and ethnic health disparities. For the purposes of this Framework, “youth” is defined as persons aged 24 and under.

### Strategic Framework for Addressing Youth Mental Health Disparities

NIMH initiated the Strategic Framework for Addressing Youth Mental Health Disparities with the overarching goal of advancing scientific knowledge that can be used to inform policies and practices that will reduce mental health disparities in youth by 2031.

This Strategic Framework is structured to align with and supplement the [NIMH Strategic Plan for Research](#) and the [NIH Minority Health and Health Disparities Strategic Plan](#). In addition, the Framework complements the priorities of collaborating NIH Institutes, Centers, and Offices (ICOs), including but not limited to NIMHD and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD). The NIMH Office for Disparities Research and Workforce Diversity developed the Strategic Framework, which was refined based on feedback received at the December 2021 conference [Identifying Opportunities and Priorities in Youth Mental Health Disparities Research](#), co-hosted by NIMH, NIMHD, and NICHD. Through 2031, NIMH may periodically update the Framework based on stakeholder feedback, emerging challenges and opportunities, and research advances.

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## NATIONAL HEALTH SERVICES CORPS SCHOLARSHIP PROGRAM



### Now Open: NHSC Scholarship Program

Accepting applications March 14 - April 27, 2023 at 7:30 p.m. ET.

Are you passionate about providing health care services to underserved communities? The National Health Service Corps (NHSC) Scholarship Program provides scholarships to health profession students pursuing careers as primary care providers in exchange for their commitment to serve in high-need, underserved communities.

#### What does the scholarship cover?

- Tuition and eligible fees.
- Items including books, health insurance, and equipment.
- Monthly stipends to assist with living expenses while pursuing your degree.

[Explore the benefits of the NHSC Scholarship Program](#) and the chance to join a community of over 20,000 NHSC members providing culturally competent care to 21 million medically underserved people across the country.

[Sign up](#) to receive information and reminders about the scholarship application process.

[Start Your Application](#)



#### To be eligible for an NHSC Scholarship you must be:

- A U.S. Citizen (U.S. born or naturalized) or U.S. naturalized.
- Enrolled as a full-time student (or accepted for enrollment).
- Attending - or accepted to attend - an accredited school or program in one of the 50 states, the District of Columbia, or a U.S. territory.
- In an eligible discipline: physician, dentist, nurse practitioner, nurse midwife, or physician assistant.
- Eligible for federal employment.
- Without an existing service obligation.

Full eligibility requirement details are available on the [NHSC Scholarship website](#).

#### Application Support is Available

Do you have questions about the application process? Our live webinar and Q&A session is the perfect opportunity to get your scholarship questions answered by experienced program experts. Gain confidence to navigate the application process with ease. Q&A is available throughout the webinar. Join any time during the session!

[NHSC Scholarship Application Assistance Webinar](#)  
Tuesday, March 21, 2023 from 2:00 - 4:30 p.m. ET



#### Need Shareable Content?

Help share this announcement and information with your members. Our [promotional toolkit](#) provides newsletter copy, social media posts, graphics, and more.

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#### CONFERENCES



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**National (NBNA) News**



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**BLACK HEALTHCARE PROVIDERS**



- <https://nbna.org/directory>
- <https://www.jacksonshealth.org/>

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**Membership Spotlight**



Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our **BIWEEKLY** membership newsletter, please send our corresponding secretary [Dr. Sheniece L. Martin-Stancil-EI](#) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter, day changed to Sunday evening's now biweekly instead of weekly. Any time sensitive communication will be sent out immediately. Deadline for submissions is Fridays by 12:00pm. Look forward to spotlighting all of

*your hard work.*

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Dr. Mitchell Wharton	

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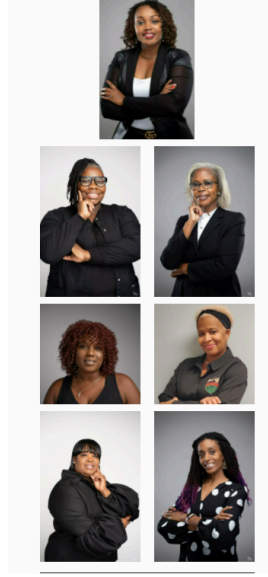
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