


March 2023 

Announcements

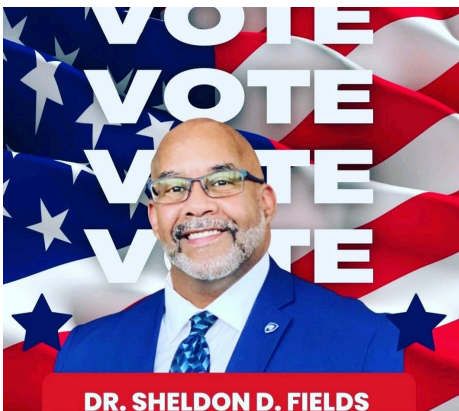


THIS FRIDAY MARCH 3rd, 2023. POST ANY PHOTOS ON UR SOCIAL MEDIA SITES USING #RBNABLUE DAY2023



TWO MORE WEEKS UNTIL GRACE PERIOD IS OVER!!
RENEW YOUR MEMBERSHIP TODAY. [RENEW ONLINE.](#)

Members within grace period will receive [Weekly Reminders](#) until March 15th, 2023



Get ready to vote for our very own Chapter Advisor, Dr. Sheldon Fields, as NBNA's 14th president. Please follow his [instagram page](#) to hear more about his campaign.



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MEET THE 2023-2025 EXECUTIVE BOARD



Dr. Celia McIntosh- President
 Dr. Natalie LeBlanc- Vice President 1
 Ja'Mia Hewitt- Vice President 2
 Yachica Johnson- Parliamentarian
 Bertha Davis- Recording Secretary
 Sheila Johnson- Treasurer
 Bryanna Patterson- Historian
 Dr. Sheniece Martin-Stancil-EI- Corresponding Secretary

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Welcome New Members



Van Smith: Currently not in the nursing field. Operates a not-for-profit, Recovery Houses of Rochester, providing Human Services. Fun Fact about Van, is that he loves to laugh, he's been told he has the funniest laugh.



Chanel Parker: Currently attends Bryant & Stratton College with only 2 more semesters to go. She joined RBNA because she wanted to be a part of a community that understands the struggles associated with being African American health care professional. **Fun Fact** about Chanel, when she was younger she always thought she would fly the blue angel jets, she went to many airshows



Aisha Mills-Courtright, BSN, RN:
 Currently enrolled at Roberts Wesleyan University in the Masters of Nursing Leadership & Administration. I joined RBNA because I want to get involved and help where I can. **Fun Fact** about Aisha is that she can sing a bit; however, she hosts Karaoke every weekend in warmer months, some days they are very bad, but they have fun.

New 2023 Members Not Pictured

- Natasha Blaise
- Eunice Opoku-Boateng
- Nahmese Bacot
- Kamilah Murray
- Calisa Gayle
- Richard Obeng Antwi
- Jaqi Bullock
- Jackie Colon
- Kristina Santory

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Membership Spotlight



Dr. Celia McIntosh

Founder & CEO, McIntosh Advocacy and Consulting

McIntosh has worked as a nurse and nurse practitioner for multiple Rochester-area organizations and was a founding member of the Rochester Black Nurses Association.

She has also been a strong social advocate, serving as president of the Rochester Regional Coalition Against Human Trafficking. She has provided education on human trafficking as a speaker at conferences, on the radio and to community groups.

McIntosh is also a career coach and mentor, a podcast host and owner of McIntosh Advocacy and Consulting.

McIntosh has received nursing degrees from three Rochester-area colleges: her associate's degree from Monroe Community College, her bachelor's from SUNY Brockport, and her master's degree and her Doctorate of Nursing Practice degree from St. John Fisher University.

CONGRATULATIONS!
 RBJ's Power 100 2023 Honorees

Myra Henry '09 – YWCA

Don Jeffries '71 – Visit Rochester

Celia McIntosh '03 – McIntosh Advocacy and Consulting

Bryan O'Donovan '03 – Lifetime Assistance

Monroe Community College Foundation



Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our **BIWEEKLY** membership newsletter, please send our corresponding secretary [Dr. Shenece L. Martin-Stancil-EI](mailto:Dr.Shenece.L.Martin-Stancil-EI) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter, day changed to Sunday evening's now biweekly instead of weekly. Any time sensitive communication will be sent out immediately. Deadline for submissions is Fridays by 12:00pm. Look forward to spotlighting all of your hard work.

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Monthly Meeting Information

Rochester Black Nurses Association Inc.

Open to all RNs, LPNs, Nursing Students, Retirees and those who support the mission of NBNA

NBNA's mission: To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health

RBNA motto: **"The Heart of Community Health: Bridging the Gap"**

Chapter Meetings occur the 4th Tuesday of the month 6-8pm
Sponsored by University of Rochester, School of Nursing
Guest Speaker: Thera Blasio | Director of Professional Education | Alzheimer's Association

Location: Zoom ID 854 4269 2245
When: 4th Tuesday of the month
March 28th, 2023
Time 6-8pm

Join our FB and Instagram @RochesterBNA
Email: nbaa.rochester@gmail.com
Website: rocna.org
Call/Text: 585.210.8374

Rochester Black Nurses Association Continuing Education Program Dates

*includes chapter meetings
*** CEU month subject to change***

1 ST QUARTER	EVENT	DATE & TIME
January	Chapter Meeting	January 24 th , 2023 6-8p
February	Chapter Meeting Guest Speaker: Thera Blasio with Alzheimer's Association	February 28 th , 2023 6-8p
March	Chapter Meeting	March 28 th , 2023 6-8p
2 ND QUARTER	EVENT	DATE
April	Chapter Meeting	April 25 th , 2023 6-8p
April	CEU Topic: Black Maternal Health Presenter: Dr. Celia McIntosh 1.0 Credits	April 27th, 2023 6:30-8p
May	Chapter Meeting	May 23 rd , 2023 6-8p
June	Chapter Meeting CEU Topic: Health Disparities Presenter: 1.0 Credits	June 27 th , 2023 6-8p
3 RD QUARTER	EVENT	DATE
July	NO CHAPTER MEETING-Enjoy your summer	NO CHAPTER MEETING
August	Chapter Meeting	August 22 nd , 2023 6-8p
September	Chapter Meeting CEU Topic: Impact of Racism on Black Nurses Presenter: Dr. Yvette Conyers 1.0 Credits	September 26 th , 2023 6-7p September 26 th , 2023 7p-8p
4 TH QUARTER	EVENT	DATE
October	Chapter Meeting CEU Topic: Black Trans Care Presenter: TBD 1.0 Credits	October 24 th , 2023 6-7p October 24th, 2023 7-8p
November	Chapter Meeting	November 28 th , 2023 6-8p

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Upcoming Events



Come to the **Car Seat Check Event** to find out!

Friday, March 3rd, 2023

9:00am to 12:00pm

At the

Victor Fire Department

34 Maple Avenue, Victor, NY

Sponsored by the New York State Police, Victor Fire Dept & the
NYS Governor's Traffic Safety Committee



BETA CHI CHI, INC., CHI ETA PHI SORORITY, INC.
"A PROFESSIONAL NURSING ORGANIZATION"

Community HEALTH FAIR

Upper Room Family Worship Center
831 Joseph Ave, Rochester, NY 14621
Saturday, March 4, 2023
10:00am - 2:00pm

FREE
Health Preventative Screenings

Blood Pressure, Men's and Children's Health, Dental Health, Cancer, Health Insurance, Frigid Prevention, COVID vaccine, Public Safety, Fire Safety, Healthy Food and MORE!

Email us for more information at Contact@betachichi.org

Fun for ALL!

COME AND ENJOY HAPPY HOUR WITH RBNA!

1 free drink ticket for NEW members!!!

SAVE THE DATE:
Friday APRIL 28TH, 2023
6:30pm
LOCATION:TBD



SAVE THE DATE FOR RED WING CONCESSION STAND FUNDRAISING EVENTS

(6 VOLUNTEERS WILL BE NEEDED)

SIGN UP WILL BE SENT OUT SOON

JUNE 4TH, 2023

JUNE 25TH, 2023

SEPTEMBER 17TH, 2023

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BLOOD DRIVES



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RESEARCH OPPORTUNITY

Research Participants Needed

Are you a parent or guardian of a 10-14-year-old?



If you are 18 years and older

Share your thoughts during an individual interview or a group discussion about supporting young adolescents' sexual health development. Participants will be paid \$30 for their time.

To Participate:
 Visit: <https://redcap.urmc.rochester.edu/redcap/surveys/7s-7MY9C34HT9X4KA3C>
 Or
 Call or email today:
 Rose Muheriwa - 585-490-7646 Rose_Muheriwa@urmc.rochester.edu
 Marian Moskow-585-273-2699 Marian_Moskow@urmc.rochester.edu
 Judith Brasch - 585-275-6629 Judith_Brasch@urmc.rochester.edu




RSRB No. 00007186



SCHOOL OF NURSING
UNIVERSITY OF ROCHESTER

RSRB Approval Date: 10/22/2022



**Are you Puerto Rican
and over the age of 21?**

Participate in our research study!

You'll receive an incentive of \$25 for participating

Study Title: Social Determinants of Participation in Genetic Research Among Puerto Ricans and in the Puerto Rican Diaspora

Who can participate? Any person over the age of 21 who lives in Puerto Rico or the United States (Rochester, NY, Orlando, FL, Newark, NJ) and identifies as Puerto Rican.

What and Why? You would be participating in a discussion of approximately 2 hours in a group of up to 10 people. You will be asked questions about your criteria regarding participation in health research, in which they must provide genetic material, such as blood or saliva. These questions will help us understand the attitudes and experiences of the Puerto Rican population on issues related to health. All answers will be kept anonymous.

Where?

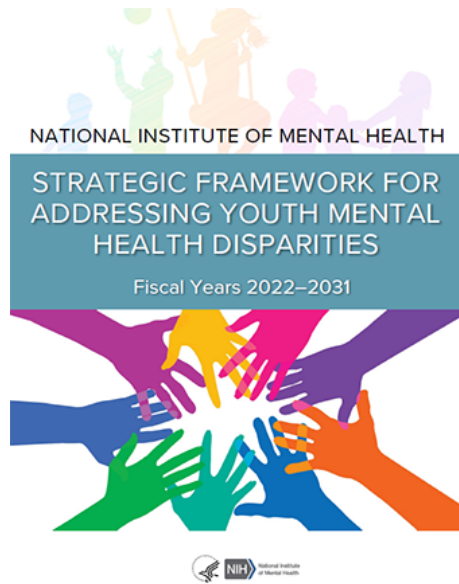
Date:

Contact: Leidynee Medina
leidynee.medina@upr.edu

Principal Investigators: Dr. Timothy Dye and Dr. Nancy Cardona Cordero

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NATIONAL INSTITUTE OF MENTAL HEALTH STRATEGIC FRAMEWORK FOR ADDRESSING YOUTH MENTAL HEALTH



[Explore the Full Framework!](#)

Purpose

The purpose of the National Institute of Mental Health (NIMH) Strategic Framework for Addressing Youth Mental Health Disparities for fiscal years 2022–2031 is to provide a conceptual approach to help guide NIMH activities, including research funding, stakeholder engagement, and workforce development, related to research on the mental health needs of youth impacted by racial and ethnic health disparities. For the purposes of this Framework, "youth" is defined as persons aged 24 and under.

Strategic Framework for Addressing Youth Mental Health Disparities

NIMH initiated the Strategic Framework for Addressing Youth Mental Health Disparities with the overarching goal of advancing scientific knowledge that can be used to inform policies and practices that will reduce mental health disparities in youth by 2031.

This Strategic Framework is structured to align with and supplement the [NIMH Strategic Plan for Research](#) and the [NIH Minority Health and Health Disparities Strategic Plan](#). In addition, the Framework complements the priorities of collaborating NIH Institutes, Centers, and Offices (ICOs), including but not limited to NIMHD and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD). The NIMH Office for Disparities Research and Workforce Diversity developed the Strategic Framework, which was refined based on feedback received at the December 2021 conference [Identifying Opportunities and Priorities in Youth Mental Health Disparities Research](#), co-hosted by NIMH, NIMHD, and NICHD. Through 2031, NIMH may periodically update the Framework based on stakeholder feedback, emerging challenges and opportunities, and research advances.

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NBNA SCHOLARSHIPS 2023

Scholarship Eligibility Criteria

- Must be a **current** NBNA member
- Must be **currently** enrolled in an accredited nursing program
- Must have at **least one year** before graduation
- Must have an official transcript sent to the national office (**before deadline**)
- Letter from Registrar (**enrollment & expected date of graduation**)*
- 2-Page Personal statement/Essay
- Two LOR (SON & local Chapter President/VP)*
- CV or resume
- **Submission deadline – April 15, 2023 by 5 pm EST**
- **On-line upload only (JotForm)**

National Black Nurses Association
8201 Fenton Street, Suite 910
Grove Spring, MD 21061
www.nbna.org | 301-599-1300

NBNA NOY Award Program Overview

- To award members for their outstanding achievements, contribution to the profession, and impact as it relates to a specific area
- Nurse of the Year Awards
 - Administrative
 - Advanced Practice
 - Student
 - Nurse Entrepreneur
 - Nurse Educator
 - Community Service
 - Nurse Researcher
 - Staff Nurse
 - Outstanding LPN/LVN
 - Uniformed Services
- ✓ **Plaque**

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NOY Eligibility Criteria

- Must be a **current** NBNA member
- Cannot be a current board member or held position 2 years prior to application
- Must be **nominated by Chapter President/VP***
- Only one person can be nominated **per category** for each chapter*
- A member can only be nominated for **only one award***
- 2-Page Personal statement/Essay
- Include only activities within the **last 5 years***
- Two LOR (One must be from current Chapter President/VP)*
- CV or resume
- **Submission deadline – May 15, 2023 by 5 pm EST**
- **On-line upload only**

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NBNA Daisy Foundation Health Equity Awards

- To recognize excellence for members that go over and beyond to address health equity and work to mitigate one or more of the social determinants of health
 - Frontline Registered Nurse
 - LPN/LVN Nurse
 - Student
 - Chapter President Leadership
 - NBNA Chapter (Team)
 - **Must** describe at least one chapter project in detail* (3-page max)
 - Bio, resume, CV, & career/personal statement no necessary
- ✓ **Healer's Touch Sculpture & Daisy Certificate (Conf. grant, reduced cert.)**
- **Deadline May 15, 2023 by 5 pm (EST)**

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General Award Criteria

- Must be a current full member of NBNA.
- Must not be a current Board member .
- Must not have held a Board position two (2) years prior to date of application.
- Outstanding achievement in the designated area for the award
 - Additional criteria based on category
 - Uniformed Services of the United States consist of the five (5) Armed Forces branches (Army, Air Force, Navy, Coast Guard, and Marines); U.S. Public Health Services (under the Department of Health & Human Services); and National Oceanic & Atmospheric Administration (under the Department of Commerce).
- Member can only be nominated for **one award***

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General Award Criteria (cont.)

- A completed typed or printed application form.
- Two letters of recommendation
 - One letter **must** be from current Chapter President/VP who can validate the information in your application, and your qualifications for the award being nominated for*
 - The second letter can be from a patient, teacher, work supervisor, pastor, executive director of community-based organization, etc.
- One-page bio
- Copy of your current resume or CV
- Personal career statement (Two-page max)
- Current high-resolution photo
- Uploaded on-line

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Key Points

- Be aware of **changes**
- Start the application process early
- Send for official transcripts in advance (**scholarship applications without transcripts will not be reviewed**)
- Submit all required and supporting documents at the same time (one PDF)
- President/VP LOR is important
- Only one member per chapter per award category
- All applications submitted on-line
- **Scholarship deadline – April 15th by 5 pm (EST)**
- **Award deadline – May 15th by 5 pm (EST)**
- **“Thank You” to Scholarship Sponsors**

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Scholarship & Benefits



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CONFERENCES



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National (NBNA) News



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MENTAL HEALTH AND THE PANDEMIC



Text HOME to 741741 to connect with a Crisis Counselor

NEWLY ADDED MENTAL HEALTH RESOURCES ACCEPTING NEW CLIENTS:

Serena Viktor LMSW (Founder & Therapist @ Pila Hande Wellness Project LLC: ubunturoots@gmail.com (accepting self clients only)

214-772-1036

Danni Jo, LMHC: specializing in Maternal Health Mental Health with a certification in Perinatal Mental Health- 585-420-6174 (accepting new clients)

La Carla Holmes, FPMHNP: commonsensemh.com

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>

<https://bprroc.org/>

https://www.psychologytoday.com

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>

BLACK MENTAL HEALTH PROVIDERS

- AALIYAH EL AMIN TURNER, LMHC, NCC** | 585-209-7106
POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.
- ELLI E. ASSIJOBO-TIPOH, LMHC, NCC, BC-TMH** | 585-502-8848
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- KELICIA REED-WATT, LCSW** | 585-454-9334
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- NATURAL RESTORATION COUNSELING AND CONSULTING, JHRI FIGUEROA, LCSW** | 585-629-6760 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES
- NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER** | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES, COUPLES. SOME INSURANCES ACCEPTED.
- SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC** | 585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.
- SYLVIA JOHNSON, LCSW** | 585-271-2520 EXT. 1032
POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.
- TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA PERCY, LCSW** | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.



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BLACK HEALTHCARE PROVIDERS



- <https://hproc.org/directory>
- <https://www.jacksonshealth.org/>

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Current 2023 Members

Natasha Blaise	Eunice Opoku-Boateng
Nahmese Bacot	Dr. Sheniece L. Martin-Stancil-EI
Sheila Johnson	Dr. Deborah Stamps-Lifetime Member '19
Easter Tucker	Brandi Henderson
Theresa Carter	Jaqlene Bullock
Kamilah Murray	Drew Porter
Victoria Thompson	Vernita Louison
Dr. Mitchell Wharton	Pamela Walker
Bryanna Patterson	Rose Muheriwa
Van Smith	Kashari Snowden
Dr. Wilhelmina Sizer-Lifetime Member '21	Dr. Celia McIntosh
Calisa Gayle	Richard Obeng Antwi
Dr. Natalie Leblanc-Lifetime Member '23	Erin Vernetti
Mariagoretti Oparah	Aisha Mills-Courtwright
Jackie Colon	Ja'Mia Hewitt
Sheila Rogers-Lifetime Member '21	Chanel Parker
Luzann Ampadu	Kristina Santory

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Past 2022 Members

Kashari Snowden	Sharon McCalla-Smith
Dr. Deborah Stamps	Feodora Offei
Dr. Karen Keady	K. Beasley
Donn Taylor	Easter Tucker
Tiffany Lewis-English	Bryanna Patterson
Theresa Carter	Melissa Cox
Dr. Sheniece L. Griffin	Mary Starks
Tereice Veivo	Natalie Lewis
Shantis Balkum	Ashlynn Boler
Pamela Walker	Asia Harrison
Nisia Nedd	Shanette Simpson
Jean Marie Vianney Ndagijimana	Erin Vernetti
Faith Lambert	Dr. Tanya Wallace-Farquharson
Dr. Wilhelmina Sizer	Sheila Rogers
Dr. Sadandaula Rose Muheriwa	Samantha House
Leighann Collins	Antoinette Coley
Tanisha Lewis	Lee Rickman
Luzann Ampadu	Ja'Mia Hewitt
Brandi Henderson	Dr. Yvette Conyers
Susie Gatewood	Linda Collins
Quintella Lauderdale	Xia Hong
Eileen Davis	Dr. Casey Rosen-Carole
Dr. Celia McIntosh	Bertha Davis
Sylvania Pearl	Lavern Sleugh-Sharpe
Joan Oserogho	Anissia Calhoun
Marianna Scott	Caryle Jones
Dr. Natalie Leblanc	Drew Porter
Yachica Johnson	Michelle Windom
Sheila Johnson	Marissa Michael
Vernita Louison	Sheila Rogers
Andrea Brown Drysdale	Dr. Lawrence Brumfield
Victoria Thompson	Dr. Wendy Hou
Dr. Mitchell Wharton	

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Past 2021 Members

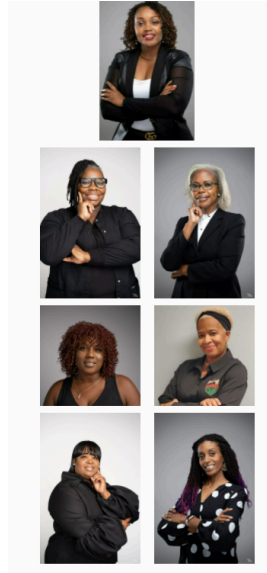
Dr. Yvette Conyers-President Dr. Celia McIntosh- Vice President Dr. Wilhelmina Sizer- Parliamentarian	Bertha Davis Ashley Washington Linda Collins
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Yachica Johnson- Historian
 Samantha House- Recording Secretary
 Pam Walker- Treasurer
 Dr. Sheniece Griffin- Corresponding Secretary
 Kashiyah Washington
 Dr. Mitchell Wharton
 Daniel Giles
 Casey Rosen Carole
 Sheila Rogers
 Eileen Davis
 Karen Genett
 Myriam Louis
 Wilhelmina Sizer
 Dr. Deborah Stamps
 Easter Tucker
 Theresa Carter
 Lawrence Brumfield
 Mary Starks
 Devina Horton
 Sylvania Pearl
 Anissia Calhoun
 Sheila Johnson
 Dr. Karen Keady
 Ja'Mia Hewitt
 Daihia Beckford Manhertz
 Rebecca Dellavilla
 Assonton Diakhsby
 Marissa Michael
 Lisa Rickman
 Asia Harrison
 Jean Marie Vianney Ndagimana

Quintella Lauderdale
 Dr. Kathy Redout
 Samaria McClary
 Kyanna Bertrand
 Osariemen Edegbe
 Shanae McKenzie
 Ranae McKenzie
 Ashley Ornoze Aikhuele
 Brandi Henderson
 Lisa Goff
 Susie Gatewood
 Lavern Sleugh-Sharp
 Bridgette White
 Andrew Porter
 Tyna Barton
 Dr. Natalie Leblanc
 Alexandria Kelley
 Carlye Jones
 Melissa Cox
 Nicole Edegbe
 Tanisha Lewis
 Savon Holt
 LaToya Baldwin
 Bryanna Patterson
 Faith Lambert
 Onyika Quim
 Jessica Cruz
 Xia Hong
 Natalie Lewis
 Andrea Johnson
 Ashlynn Boler
 Shanette Simpson

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MEET THE PAST 2020-2022 EXECUTIVE BOARD



Dr. Yvette Conyers-President

Dr. Celia McIntosh- Vice President

Dr. Wilhelmina Sizer- Parliamentarian
Samantha House- Recording Secretary

Pam Walker- Treasurer
Yachica Johnson- Historian
Dr. Sheniece Martin-Stancil-El- Corresponding Secretary

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