

May 2023

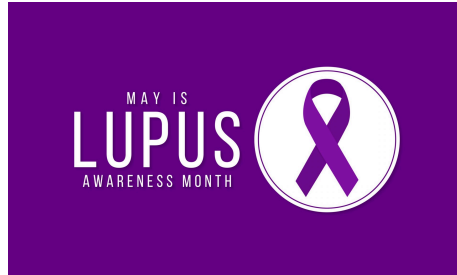
Announcements



[Education and Events | National Nurses Month 2023 \(nursingworld.org\)](#)

Registration Information: [Form \(hsforms.com\)](#)

This first lecture will focus on the Mahoney's personal and professional life with emphasis on the Ms. Mahoney's work as a visionary leader, activist, organizer and the "architect for integration and equality." Learn about the legacy and impact of Mary Eliza Mahoney on Black and African American nurses and on the nursing profession.



Dr. Sizer shared the following:

During May, CDC and our public health partners work to shed light on the impact of these hidden epidemics by raising awareness of viral hepatitis while encouraging testing and vaccination.

Viral Hepatitis Key Facts:

- 1) There are several different viruses that can cause hepatitis; the most common types of viral hepatitis are hepatitis A, hepatitis B, and hepatitis C.
- 2) Chronic hepatitis B and hepatitis C are leading causes of liver cancer in the United States.
- 3) Both hepatitis A and hepatitis B are preventable with safe and effective vaccines, and hepatitis C is curable with prescribed treatment.
- 4) CDC recommends all adults through age 59 and adults age 60 or older with risk factors get vaccinated against hepatitis A and hepatitis B. If you are age 60 or older and do not have risk factors, you may choose to get vaccinated.
- 5) About 66% of [people](#) with hepatitis B are unaware of their infection and about 40% of people living with hepatitis C do not know they are infected.
- 6) CDC recommends all adults have [testing](#) for hepatitis B and hepatitis C at least once in their lifetime and pregnant women get tested during each pregnancy. Getting tested is the only way to know if you have hepatitis B or hepatitis C.



NBNA 2023 PRESIDENTIAL CANDIDATE

VOTE FOR
DR. SHELDON D. FIELDS
 PHD, RN, FNP-BC, AACRN, FAANP, FNAP, FAAN



PROFESSIONAL ACCOMPLISHMENT AND LEADERSHIP

- 32 years of Nursing Experience
- 1st Black Male UPENN Nursing Ph.D. Graduate
- ANCC Certified Family Nurse Practitioner
- Former Robert Wood Johnson Health Policy Fellow, Alum 2009
- Accomplished and Highly Published HIV/AIDS Prevention Research Scientist
- Full-time Professor, former Nursing Dean, Associate Dean for DEI Penn State University
- Entrepreneur: CEO of "The S.D.F Group LLC"
- Triple Fellow: FAANP, FNAP, FAAN
- Founding Father of The Greater New York City Black Nurses Association

★★★★★

"YOUR VOTE IS YOUR VOICE!"

@SDFNBNA23

Get ready to vote for our very own Chapter Advisor, Dr. Sheldon Fields, as NBNA's 14th president. Please follow his instagram page to hear more about his campaign.



Happy Birthday
RBNA's
May, June, July, August
Birthdays

Pamela Walker 5/3
Jagi Bullock 5/20
Michelle Windom 6/12
Anissia Calhoun 6/15
Chanel Parker 7/7
Kristina Santory 7/12
Ja'Mia Hewitt 8/11
Joan Oserogho 8/16

RBNA Celebrates Birthdays, Please take a moment and complete this quick [form](#)



KNOW SOMEONE WITH MEMORY LOSS?
Subjective Cognitive Decline Among Black Adults

54% of Black Adults with SCD had to give up day-to-day activities such as:
Cooking
Cleaning
Taking Medication

1 in 8 Black adults aged 45 years and older are experiencing SCD/ Subjective Cognitive Decline

Less than half of Black adults with SCD have discussed their symptoms with a healthcare provider.
MEMORY LOSS IS NOT A NORMAL PART OF AGING

Talk to a healthcare provider about:
Possible treatment
Care planning
Management of chronic conditions
Caregiving needs

US AGAINST ALZHEIMER'S CENTER BY BRAIN HEALTH EQUITY
Learn more at [usagainstalzhaimers.org](https://www.usagainstalzhaimers.org)

This #MinorityHealthMonth, make #BrainHealth a priority. Check out @UsAgainstAlz's Brain Health Academy to learn how you can prevent #Alzheimers. #EndHealthDisparities #BrainHealthEquity <https://www.usagainstalzhaimers.org/brain-healthacademy>

CBDCE
Certification Board for Diabetes Care and Education

Annual Certification Board for Diabetes Care and Education Scholarship Program Now Open Through May 15, 2023

The CBDCE Scholarship program supports the journey of healthcare professionals in the diabetes specialty to earn the CDCES credential and to encourage diversity in the pool of individuals holding the CDCES credential. Scholarship recipients can take the practice exam and apply for the CDCES exam at no cost!

There are five (5) scholarship categories:

- Diversity & Inclusion
- Profession Expansion
- Veterans and Active Military Service
- Young Professionals under 30
- Under-Resourced Population

[Click for More Information](#)

Nurse Coach Fellowship Program

The Nurse Coach Fellowship program is an American Holistic Nurses Credentialing Corporation (AHNCC) initiative. Through this initiative AHNCC is collaborating with other nursing organizations to increase inclusivity and diversity among our Nurse Coach certificants. We are committed to uplift the contributions of nurse coaches from a wide range of backgrounds and identities, through knowledge sharing, that honors diverse healing traditions and perspectives. We serve to strengthen the nurse coaching role by broadening sociocultural awareness, in order to enhance our ability to provide optimal holistic care that is inclusive to all. This mission drives us to offer ourselves as instruments of healing, while also committing to equity, diversity, inclusion, belonging, and social justice as unifying forces of equality.

In this two-year Fellowship, recipients are offered a packet that is valued at over \$2500.00 and includes the following:

- Mentorship from an AHNCC certified Nurse Coach for the duration of the application and testing period.
- Free tuition from a recognized Nurse Coach Educational program that covers both the required 80 contact hours and the 60 supervision hours.
- Practice test fee
- Examination Registration cost
- Re-sitting fee if needed
- Free 2nd edition of the Art and Competencies of Nurse Coaching

At the beginning of the Fellowship, fellows are provided with a board-certified nurse coach mentor who will facilitate them in preparing for the national Nurse Coach certification examination and help them navigate through the application process.

The Fellow will have two years to complete the Fellowship program and take the certification examination. A certificate will be provided to participants upon completion of the Fellowship program. Upon completion, participants can also include the Fellowship completion in their CVs.

If you are interested in this opportunity please respond to info@ahnc.org w/in a week. Names will be entered in a lottery for a chance to receive an AHNCC Nurse Coach Fellowship. The best of luck to you.

AHNCC | 811 Linden Loop | Cedar Park, TX 78613 | 785-267-0943 | info@ahnc.org | www.ahnc.org

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MEET THE 2023-2025 EXECUTIVE BOARD



Dr. Celia McIntosh-President
 Dr. Natalie LeBlanc- Vice President I
 Sheila Johnson- Treasurer
 Yachica Johnson- Parliamentarian
 Dr. Sheniece Martin-Stancil-El- Corresponding Secretary
 Bryanna Patterson- Historian
 Bertha Davis- Recording Secretary

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Welcome New Members



Van Smith: Currently not in the nursing field. Operates a not-for-profit, Recovery Houses of Rochester, providing Human Services. Fun Fact about Van, is that he loves to laugh, he's been told he has the funniest laugh.



Chanel Parker: Currently attends Bryant & Stratton College with only 2 more semesters to go. She joined RBNA because she wanted to be a part of a community that understands the struggles associated with being African American health care professional. **Fun Fact** about Chanel, when she was younger she always thought she would fly the blue angel jets, she went to many airshows



Kristina Santory, MS, RN, CNEcl, CV-BC, CNRN:
 Currently teaching in ABPNN and MNE programs at URSON. Graduated from Nazareth College with BSN, Masters in Health Prof Education from URSON, and will be starting EdD in Nursing Education at the University of Alabama in the Fall. I joined RBNA because I am interested in joining a professional organization that is focused on the advancement of Black nursing professionals and is invested in improving health of marginalized groups within Rochester. Services. **Fun Fact** about Kristina, is that in January, she completed the Run Disney Dopey Challenge (5k, 10k, ½ marathon over 4 days in Disneyworld)



Aisha Mills-Courtright, BSN, RN:
 Currently enrolled at Roberts Wesleyan University in the Masters of Nursing Leadership & Administration. I joined RBNA because I want to get involved and help where I can. **Fun Fact** about Aisha is that she can sing a bit; however, she hosts Karaoke every weekend in warmer months, some days they are very bad, but they have fun.

New 2023 Members Not Pictured

- Natasha Blaise
- Eunice Opoku-Boateng
- Nahmese Bacot
- Kamilah Murray
- Calisa Gayle
- Richard Obeng Antwi
- Jaqi Bullock
- Marigoretti Oparah
- Jackie Colon
- Kristina Santory
- Candace Carter
- Diedra Sutton
- Jonnathan Lopez
- Thomas Ruffing

**Membership
Welcome Packet**

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OPPORTUNITIES



For those interested in starting a garden and growing your own flowers and veggies, the Gandhi Institute is hosting a workshop series for the month of May. If interested please contact: **Christina Krewson** - christina@gandhiinstitute.org and plan to come to the Gandhi Institute at 6:00 pm on **May 8th** for their first workshop with Cornell Cooperative. All materials will be provided by the Gandhi Institute.

Share your Perspectives on Men's Health



This exploratory study seeks men's (male at birth; identifies as a man) thoughts about:

- sexual health and wellness
- sexual health promotion
- men's role in the sexual health of their communities and among their female partners
- assets within communities that can support sexual health
-

You will be compensated for your time

Cis-gender Men: 1) Age 18 or older; 2) Male at birth and identify as a man; 3) Sexually active with cisgender women (female at birth); 3) currently sexually active; 4) lives in Western/Central New York

For more information, contact: ehealth.tool@urmc.rochester.edu (subject line: Men's health study); 585-275-4520

Eligibility screener link and QR code: <https://redcap.link/adea2z4e>




Invitations to join a local Community Advisory Council

INVITATION ONE: We are convening a community advisory council (CAC) for a study on Black and Hispanic/Latine persons of the trans femme experience (i.e. transgender women) sexual health and wellness in New York State and South Florida. The council would consist of healthcare and other providers, Black and Hispanic transgender women, and known researchers in the field. **We would like to invite you or members of your network to be a member of the CAC**, due to your experience in HIV prevention and care of Black and/or Hispanic/Latine persons and/or transgender persons.

INVITATION TWO: We are convening a community advisory council (CAC) for a study on the lived experiences of Black women/female persons (hereto referred as Black women) who are long time survivors living with HIV infection (>10 years). We have a specific focus on **Black women** who are considered **heavily treatment experienced living in New York State** and their perspectives on long-acting ARTs. We are also including healthcare providers who serve and provide HIV care for Black women/female persons who are living with HIV.

Both CACs would meet monthly or less. Should you have any questions or are interested in being a CAC member, or know of others who are of the lived experiences, please contact: Natalie_Leblanc@urmc.rochester.edu.

Gilead welcomes funding requests for innovative, high impact projects that relate to our core therapeutic areas.



Medical and Scientific Grants

Ongoing education is essential to ensuring that healthcare professionals (HCPs) can continue to deliver the best possible care based on the latest advances in medicine. Gilead supports high impact, medical education programs that expand the knowledge and skills of HCPs.

Gilead has funded a range of Medical and Scientific projects, including:

- Continuing medical education (CME) accredited by ACCME or another relevant organization
- Non-accredited continuing education in compliance with FDA*
- Scientific conferences
- Lecture series or symposia

Medical and Scientific Grants are provided to not-for-profit organizations including:

- Medical universities
- Professional associations
- Community health centers
- Hospitals and academic medical centers

Examples of program topics include, but are not limited to:

- Prevention
- Screening and linkage to care
- Access to care
- Health equity
- Retention in care
- Evidence-based treatment education

Patient and Community Grants

Lack of awareness can be a significant barrier to screening and may lead to acute disparities in care. Gilead supports patients and their communities by funding a variety of awareness-raising projects.

Examples of Patient and Community Grants Gilead has funded include:

- Events or resources to educate patients about prevention and care options, such as:
 - Presentations
 - Web-based resources
 - Printed materials
 - Testing and screening initiatives

Patient and Community Grants are provided to not-for-profit organizations including:

- Patient advocacy and support groups
- Hospitals and clinics
- Nonprofit service organizations
- Professional associations
- Academic medical centers and universities



Grant applications must be submitted online through our funding portal.

Please find information about the grant program and instructions on how to register for an account with the funding portal at www.gilead.com/purpose/giving/what-we-fund.

Before registering for an account and submitting an application, it is important that you read the relevant guidance documents and FAQs to ensure your request meets the requirements of the grants program.

Funding requests must be **submitted a minimum of 6 weeks prior** to the start of the activity.

Please note, completion and submission of a grant application does not guarantee funding and all grants are subject to review. Grant programs must be independent of Gilead. Commercial and field-based Medical Affairs Personnel may not solicit or discuss grant applications with applicants or participate in the grants process.

We consider applications for programs within the following therapeutic areas:

VIRAL DISEASES	ONCOLOGY
<ul style="list-style-type: none"> • HIV • HIV Prevention • HBV 	<ul style="list-style-type: none"> • HCV • HDV • COVID-19 • Hematologic Malignancies • Solid Tumors (Breast and Bladder)

NOT THE TYPE OF GRANT YOU'RE LOOKING FOR?

Investigator Sponsored Research (ISR)

ISR Grants support research projects in specific populations and topics. These programs represent Gilead's commitment to address unmet patient needs in therapeutic areas such as Oncology, HIV and Liver Diseases.

Learn more at www.gilead.com/science-and-medicine/research/investigator-sponsored-research


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Monthly Meeting Information

MAY 2023

Rochester Black Nurses Association Inc.



Open to all RNs, LPNs, Nursing Students, Retirees and those who support the mission of NBNA

NBNA's mission: To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health.

RBNA motto: "The Heart of Community Health: Bridging the Gap"

Chapter Meetings occur the 4th Tuesday of the month 6-8pm

Sponsored by University of Rochester, School of Nursing
Guest Speaker: NA

Location: Zoom ID 854 4269 2245
When: 4th Tuesday of the month
May 23rd, 2023
Time 6-8pm

Join our FB and Instagram @RochesterBNA
[Email:Nbna.rochester@gmail.com](mailto:Nbna.rochester@gmail.com)
Website: rocna.org
Call/Text: 585.210.8374

2023 CALENDAR

Rochester Black Nurses Association Continuing Education Program Dates
*Includes chapter meetings
*** CEU month subject to change***

1 st QUARTER	EVENT	DATE & TIME
January	Chapter Meeting	January 24 th , 2023 6-8p
February	Chapter Meeting	February 28 th , 2023 6-8p
March	Chapter Meeting Guest speaker: Thera Blasio with Alzheimer's Association	March 28 th , 2023 6-8p
2 nd QUARTER	EVENT	DATE
April	Chapter Meeting Guest speaker: Bryanna Patterson, RBNA's Historian	April 25 th , 2023 6-8p
April	CEU Topic: Black Maternal Health Presenter: Dr. Celis Makintosh 1.0 Credits	April 27 th , 2023 6:30-8p
May	Chapter Meeting	May 23 rd , 2023 6-8p
June	Chapter Meeting CEU Topic: Diabetes as a Health Disparity Presenter: 1.0 Credits	June 27 th , 2023 6-8p
3 rd QUARTER	EVENT	DATE
July	NO CHAPTER MEETING-Enjoy your summer	NO CHAPTER MEETING
August	Chapter Meeting	August 22 nd , 2023 6-8p
September	Chapter Meeting CEU Topic: Impact of Racism on Black Nurses Presenter: Dr. Yvette Conyers 1.0 Credits	September 26 th , 2023 6-7p September 27 th 7p-8p
4 th QUARTER	EVENT	DATE
October	Chapter Meeting	October 24 th , 2023 6-7p
November	Chapter Meeting CEU Topic: Black Trans Care Presenter: Faith Lambert 1.0 Credit	November 28 th , 2023 6-8p

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MCH/RBNA MENTORSHIP PROGRAM

Distinguished members, Dear colleagues,

RBNA kicked off our cohort three of the MCH/ RBNA mentorship program. We know that mentorship plays a significant role in the growth and development of a person. The purpose of mentoring is to grow and accelerate your development.

Serving as a mentor brings many challenges and rewards; we have some of the best mentors: Dr. Yvette Conyers, Dr. Natalie Leblanc, Dr. Celia McIntosh, Bertha Davis, Sheila Rogers, and Susie Gatewood, working to shape their mentees into future nurses and leaders.

What we know is that when we combine mentors that are dedicated to providing guidance, empowerment, mentorship, and support with mentees who have a willingness to learn, ambition, and dedication to excel, we can change lives.

RBNA is dedicated to elevating our mentee's Leadership, academics, and professional and personal development so that they can influence and impact change in their communities and organization.

We are looking forward to working with cohort three.



Monroe County Executive Adam J. Bello

22h · 🌐

Great mentors can lift us up and give us the blueprint for success. Today, we welcomed a new cohort of Monroe Community Hospital employees to our mentorship program with Rochester BNA_ROC. Through this relationship, we can serve the community while growing the next generation of leaders.





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Membership Spotlight



Immediate Past President, Dr. Yvette Conyers's journey continues past her recent move to DMV area, where she moved to continue her academic journey at the largest universities in the capital's nation, George Washington University. However, her journey doesn't stop here. She will be beginning her new role as Associate Dean for Equity, Diversity, and Inclusion at the University of Maryland, School of Nursing in June 2023. Congratulations Dr. Conyers.

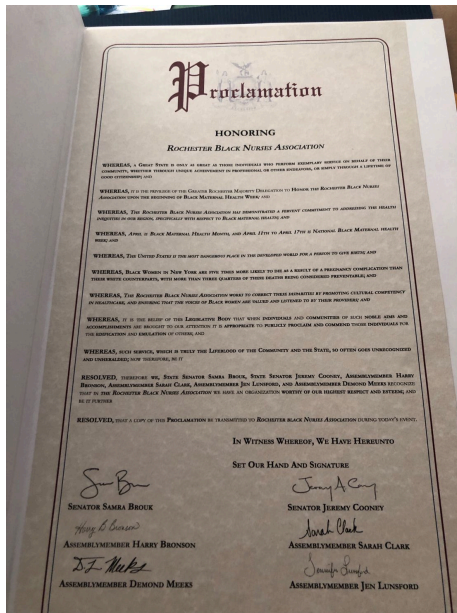
[Rochester Black Nurse Association](#) Black Maternal Health Committee (BMHC) is committed to raising awareness in our communities, being a voice and an ally & advocating for birthing mothers impacted by these pregnancy-related complications. Because of this, our Black Maternal Health Week theme for 2023 is "Save Her Life, Save A Family."

On Thursday, April 13th, 2023, RBNA's BMHC invited community members and elected officials to attend our **1st Annual Black Maternal Health Proclamation event** and to learn more about our legislative priorities. We are so grateful to have these dedicated thought leaders in office. Thank you for showing up for [Rochester Black Nurse Association](#) and for Black birthing mothers and infants to help eliminate black maternal mortality and improve health outcomes."

-Dr. Celia McIntosh | RBNA President, BMHC Chair







Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our BIWEEKLY membership newsletter, please send our corresponding secretary [Dr. Sheniece L. Martin-Stancil-Ei](#) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter, day changed to Sunday evening's now biweekly instead of weekly. Any time sensitive communication will be sent out immediately. Deadline for submissions is Fridays by 12:00pm. Look forward to spotlighting all of your hard work.

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Upcoming Events

Cinco de Mayo
TEST FOR TACOS

05 MAY 05, 2023
12 NOON - 5 PM

Free STI Testing

Scan QRS code to RSVP or just stop in

470 West Main St,
mocha
trillium health

INFORMATION & Inspiration
FOR OLDER ADULTS & CAREGIVERS

JOIN US ONLINE!
or at various locations.
RESERVATIONS ARE REQUIRED.
Register online at www.lifespanrochester.org or call 585-244-8400, ext. 201.

FREE WORKSHOPS! MAY 2023

All online sessions will be closed captioned. ASL interpretation is scheduled for some classes. For all other classes, interpreting services, translation services, and additional accommodations are available upon request and with advance notice.
Servicios de interpretación disponibles con solicitud previa. Por favor, dejemos saber con anticipación. Favor de llamar (585) 244-8400 y marque 8.

<p>Differential Diagnosis of Dementia with Dr. Gill, M.D. Thursday, May 4, 10:30 am – noon Livestream via Zoom How do we identify the causes of dementia and distinguish between the multiple types of dementia? Join Dr. Gill, neurologist from Rochester Regional Health's Memory Center at Unity, to discuss the causes of dementia and how we treat them.</p> <p>Legal Tuesday: The Pitfalls with Legal Elder Care Planning with Lisa Powers, Esq. Tuesday, May 9, 4 – 5:30 pm Location: Lifespan You have a will, power of attorney and health care proxy. Perhaps you have transferred your residence or other assets to protect against future long-term care costs. Hidden dangers could still cause problems. Learn about the most common pitfalls with elder care planning and how to fix them. Prior knowledge of legal planning is helpful.</p>	<p>Which Hat Am I Wearing Today? The Shifting Roles of a Family Caregiver with Dr. Podgorski, PhD, MPH, MS, from the UR Memory Clinic Wednesday, May 10, 2 – 3:30 pm Livestream via Zoom As family caregivers, we wear many hats, shifting between "family member (spouse, child, sibling, etc.)" to "caregiver." Join us to explore how the wearing of many hats affects overall caregiver wellness.</p> <p>Legal Tuesday: Legal Considerations of Caregiving with Jeremy Seidmeyer, Esq. Tuesday, May 16, 10 – 11:30 am Location: Lifespan Join us for the discussion of health care proxies, power of attorney, MOLST, and advance directives.</p> <p>Medicare 101 Tuesday, May 16, 1 – 3:30 pm Location: Lifespan A nothing-to-well overview of Medicare Parts A, B, C & D in Monroe and Livingston counties. Suggested</p>	<p>audience: People and caregivers new to Medicare or looking for a general review of Medicare.</p> <p>Music for Comfort & Connection Thursday, May 18, 2 – 3:30 pm Location: St. John Wintergarden at Brickstone, 1325 Elmwood Ave., Rochester Join music therapist, Kim Best, MT-BC, to learn about the value of music as a tool for comfort and connection. This will be part concert and part educational workshop about how to incorporate music into caregiving.</p> <p>Legal Tuesday: Legal Aspects of Aging with Miles Zatkowsky, Esq. Tuesday, May 23, 10:30 – noon Location: Lifespan Everything you need to know about power of attorney, MOLST forms, health care proxy, trusts, and wills.</p>
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PRESENTED BY: Lifespan, AARP New York, Boylan Code, DUTCHER & ZATKOWSKY, HARRIS BEACH Attorneys at Law, SrJohn's, VALIANT RETIRE

FREE WORKSHOPS! MAY 2023

Pre-retirement Saturday May 13, 9 am – 1 pm
Location: Lifespan

<p>1 Medicare Basics 9 – 10:15 am Whether you are new to Medicare, continuing to work after age 65, or considering retirement, come learn about your Medicare options and what is right for you! This a nothing-to-well basic overview of Medicare Parts A, B, C & D in Monroe and Livingston counties.</p>	<p>2 Understanding Social Security and My Benefit 10:30 – 11:45 am Learn how to make well-informed decisions about Social Security.</p>	<p>3 Explore Your Future 101 noons – 1 pm Whether you are retired, considering retirement or had a change in your role as a caregiver, explore your future with us. This introductory workshop provides tools to reflect on your next steps: volunteer projects, lifelong learning, encore careers, and more.</p>
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Caring with Pride
Tuesday, May 16, 2 – 3:30 pm
Location: Rochester Academy of Medicine, 1441 East Ave, Rochester & Livestream via Zoom
A panel of LGBTQ+ individuals caring for partners, parents, friends, family, and community members will share insights, experiences, and resources. Community vendors will be onsite to provide additional resources.

Presenting sponsors:
Lifespan, ALZHEIMER'S ASSOCIATION

Financial sponsors:
SrJohn's, AARP

Silver sponsor: trillium health
Bronze sponsor: trillium health

Lifespan Volunteer Fair
Wednesday, May 17, 9 am – 4 pm
Location: Lifespan
Are you thinking about a volunteer role? We have many fulfilling opportunities! We'll train you, support you and even provide partial mileage reimbursement. Drop-by our volunteer fair any time during the day to learn about the many opportunities available to you.

INFORMATION & INSPIRATION FOR OLDER ADULTS & CAREGIVERS

RESERVATIONS ARE REQUIRED FOR EVERY WORKSHOP.
Register online at lifespanrochester.org or call 585-244-8400, ext. 201
Please note if the workshop is online or in-person, and time of each workshop. They differ.

PRESENTED BY: Lifespan, AARP New York, Boylan Code, DUTCHER & ZATKOWSKY, HARRIS BEACH Attorneys at Law, SrJohn's, VALIANT RETIRE

SAVE DATE

MAY 18, 2023

5 PM - 7:00 PM

HEALTH & WELLNESS FAIR



FREE ACTIVITIES FOR THE ENTIRE FAMILY!

- Healthy Family ACTIVITIES
- Nutrition Advice & SATISFACTION TIPS
- BLOOD PRESSURE Screenings
- Meet Our Outreach & ENROLLMENT SPECIALISTS
- EXERCISE Equipment DEMO

FA Healthy

JOHN JAMES AUDUBON SCHOOL 33

500 WEBSTER AVENUE, ROCHESTER NY, 14609

Learn “How a Bill Becomes a Law”

- Thursday, May 25th, 2023 at 7 pm. Special guest Dr. Marilyn Dollinger, DNS, FNP, RN.
- !! Attendees will receive 1 CEU Credit; please sign up using the QR code.

▶▶ THE GREATER NYC-BNA AND ROCHESTER BNA HEALTH POLICY COMMITTEES PRESENTS

“HOW A BILL BECOMES A LAW?”

AMERICAN NURSES ASSOCIATION
NEW YORK

Attendees will receive 1 CEU credit

GVNA
VISION VOICE ACTION

KEYNOTE SPEAKER



DR. MARILYN DOLLINGER
DNS, FNP, RN

📅 Thursday, May 25th, 2023

🕒 7 PM - 8:15 PM

📍 Join Zoom Meeting
Meeting ID: 817 7529 8024

We hope you'll join us!





DEPAUL National Council on Alcoholism and Drug Dependence-Rochester Area

2023 Annual Luncheon

We are back! Join us for our 75th (plus 2) Anniversary

Wednesday, May 24, 2023
 11:30 a.m.—2:00 p.m.
(Registration will begin at 11:30 a.m.)
 Double Tree by Hilton
 1111 Jefferson Rd
 Rochester, NY 14623

Keynote Speaker



Dr. Kevin McCauley is a Senior Fellow at The Meadows in Wickenburg, Arizona. He graduated in 1992 from Drexel University School of Medicine and first became interested in the treatment of substance use disorders while serving as a Naval Flight Surgeon.

Dr. McCauley wrote and directed two films: "Memo to Self" about the concepts of recovery management, and "Pleasure Unraveled" about the neuroscience of addiction which won the 2010 Michael G. Ford Award for Journalism from the National Association of Addiction Treatment Providers.

Kevin currently lives with his wife, Kristine, in Sedona, Arizona, and is currently a graduate student at the University of Arizona School of Public Health.

Register online at ncadd-ra.org.

For information, please contact Elaine Alvarado at (585) 719-3481 or ealvarado@depaul.org



www.ncadd-ra.org



WEBINAR The Nurse Practitioner Association New York State

Black Maternal Mortality Crisis: Solutions for Change
 Webinar - Tuesday, June 13, 2023
 7:00 PM - 8:00 PM
 1 contact hour (pending AANP approval)

[Register Here](#)

In the United States, approximately 900 women die each year during childbirth and postpartum periods due to pregnancy related complications. National and State surveillance reports have deemed that 80% of these deaths are preventable. The maternal morbidity and mortality rates are the highest among industrialized nations worldwide. The current data suggests that this trend is worsening despite significant advancements in healthcare practices and technologies. Pregnant and postpartum women of color experience significant health disparities and poorer health outcomes. Black women are 3 to 4 times more likely to die in comparison to White women. These disparities are up to 18 times higher in underserved communities. Access to care, implicit bias, and systemic racism are the leading causes of these disparities. This presentation will explore the history of Black maternal health disparities, causes of maternal deaths, and proposed solutions to solving this epidemic.

Objectives:

1. Discuss the history of maternal health and the generational impact of health disparities in women's health.
2. Describe socio-political factors that have contributed to the maternal health crisis in the United States.
3. Discuss how to formulate practical solutions to reduce maternal mortality rates at the local, state, and national levels.

Registration Fee: \$25 for NPA members - \$35 for non-members

This webinar will be recorded and available until September 13, 2023. Registration required on or before June 9, 2023.

Cancellation: An administrative fee of \$10 will be charged for any cancellations received on or before June 9. After June 9 no refunds will be issued.

Contact Hours: This educational activity will be submitted to the American Association of Nurse Practitioners for approval of up to 1 contact hour of accredited education.



SOCIETY NEWS
 FYI: All Staff
 April 20, 2023



MS Black MS Experience Summit

Black MS Experience Summit Registration is Open

Being Black with MS carries unique challenges and experiences. From scientific and clinical differences in the disease itself, to inequities in the healthcare system, and more. The Black MS Experience Summit is an opportunity to connect with others who understand the distinct experience of life with MS as a Black person. Throughout this interactive, two-day virtual program, we will learn from healthcare experts and share powerful stories that celebrate the resistance and resilience of the Black MS community.

This year's summit, focused on *Resist Invisibility, Embrace Identity*, will feature dynamic stories and speakers who will address invisibility and create a safe space to share stories and connect through common experiences.

New in 2023 - Black MS Community Meetup opportunities will be offered each day after the breakout sessions. Attendees can casually meetup to connect with others who are navigating their own MS journeys.

Who should attend?

This program is for people affected by MS who are part of the Black community. The program's goal is to create a safe space for attendees to be seen, heard, and understood. Staff are encouraged to attend and engage in the virtual environment.

When is the Black MS Experience Summit?

- June 14-15, 2023
- 1 - 4 p.m. ET | 12 - 3 p.m. CT | 11 a.m. - 2 p.m. MT | 10 a.m. - 1 p.m. PT
- Registration opened on April 19

The upcoming National MS Society program, the Black MS Experience Summit 2023.

The Black MS Experience Summit is an opportunity to connect with others who understand life with MS as a Black person.

Being Black with MS carries unique challenges and experiences. Join the National MS Society's Black MS Experience Summit on June 14-15, 2023, at 1-4p.m. ET | 10 a.m.-1p.m. PT. The Summit will be an interactive two-day virtual program where participants will learn from healthcare experts and share powerful stories that celebrate the resistance and resilience of the Black MS community.

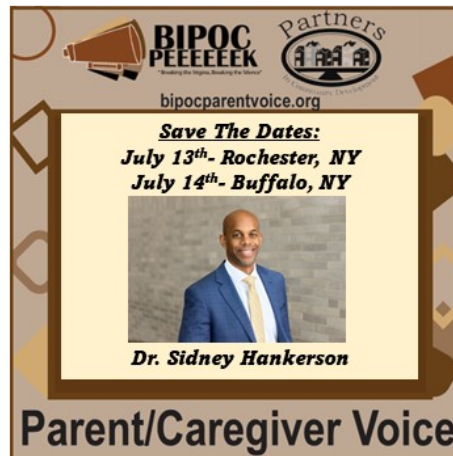
Engage in breakout sessions to learn from healthcare experts and to share common experiences. Join the Black MS Community Meetup opportunities at the end of each day to connect with others who are navigating their own MS journeys.

Don't miss this chance to stay informed, interact with top specialists, and connect with others in the Black MS community. To learn more and register, please visit: www.NationalMSSociety.org/BlackMSExperience

Save The Date

Mental Health in Communities of Color Symposium

*Healthcare professional CEUs offerings



Dr. Hankerson is well respected in the area of Black mental health research/evaluation, community engagement social determinants, faith leader outreach and more.

[Sidney Hankerson, MD, MBA | LinkedIn](#)

[\(225\) How to Solve and Afford the Healthcare We Need - YouTube](#)

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Scholarship & Benefits

DEADLINE MAY 15th, 2023

POISE FOUNDATION ANNOUNCES 2023 EVELYN PAIGE PARKER SCHOLARSHIP!

The 2023 Evelyn Paige Parker Scholarship for aspiring nurses is open!

Applicants:

1. Must have completed at least one (1) full year in nursing school. (If not, must be enrolled in a nursing second-degree program, diploma RN or LPN to RN program).
2. Must have at least one (1) full year of nursing school remaining (If not, must be enrolled in a nursing second-degree program, diploma RN or LPN to RN program with at least one semester remaining).
3. Be in good scholastic standing as indicated by 3.0 or better GPA at time of application.
4. Must currently be taking a least 6 credit hours per semester.

Amount:
Multiple scholarship awards ranging from \$1,500 to \$3,000 to RN and/or an LPN to RN student(s). In 2022, a total of \$12,500 in scholarship awards were given out

Due date: May 15, 2023

Very truly yours,
Tchetchet G. Digbohou
POISE Foundation
Scholarship Manager
Office: 412-281-4967 Ext. 231
Email: tdigbohou@poisefdn.org

[Click to Apply](#)

[Click for More Information](#)

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NBNA SCHOLARSHIPS 2023



[TO APPLY, CLICK HERE](#)

[UNDER 40 AWARDS OPEN! TO APPLY, CLICK HERE](#)

[NURSE OF THE YEAR AWARDS | DAISY HEALTH EQUITY AWARDS OPEN! TO APPLY, CLICK HERE](#)

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RBNA Fundraising Activities



SAVE THE DATE FOR RED WING CONCESSION STAND FUNDRAISING EVENTS

(6 VOLUNTEERS WILL BE NEEDED)

[SIGN UP HERE](#)

JUNE 4TH, 2023

JUNE 25TH, 2023

SEPTEMBER 17TH, 2023

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RACIAL HEALING CIRCLES





Racial Healing Circles IX 6 Contact Hours

Registration Is Free

There are many paths toward social justice and health equity and many hands are needed to make change happen. Building a compassionate healthcare system calls us to engage in dialog and introspection around inclusion and equity.

Racial Healing Circles are an established practice that can provide safe and sacred space for deep discussion.

The AHNA Diversity, Equity and Inclusion Task Force has completed both a pilot racial healing circle session for nurses using literature from social justice work by nurses to frame the circles going forward and five different cohorts.

The circles are comprised of four 90-minute sessions facilitated by trained racial healing circle facilitators. Participants will be guided to explore your own experience of race in your community, work and family. The goal of the racial healing circles is for individuals to become more open and prepared to develop policies that support racial justice within organizations and society from a perspective of compassionate understanding.

Session IX the 3rd Wednesday of each month,
April - July

- Wednesday, April 19, 7:30-9:00 pm EDT
- Wednesday, May 17, 7:30-9:00 pm EDT
- Wednesday, June 21, 7:30-9:00 pm EDT
- Wednesday, July 19, 7:30-9:00 pm EDT

Register Now

Successful completion of the program will be based on 100% attendance with 90% on camera active time and completion of a program evaluation.

6 Contact Hours will be awarded

[REGISTER NOW HERE](#)

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BLOOD DRIVES

SEVERE BLOOD SHORTAGE
Blood Donors Needed Now

JACKSON B-CENTER BOXING CLUB AND SICKLE CELL ADVOCATES OF ROCHESTER PRESENTS
AMATEUR BOXING FIGHT WITH SPECIAL GUEST CHARLES MURRAY
KNOCK OUT SICKLE CELL VS SCT/SCD
KING \$6 ADULTS \$10
JUNE 17, 2023 | 2 PM
WEIGH IN AT 12:30PM
485 N. CLINTON AVENUE ROCHESTER, NY
SICKLECELLADVOCATES@ROCHESTER.GMAIL.COM
WEBSITE: SCARRDC.COM

AMERICAN RED CROSS OF GREATER ROCHESTER NEW YORK
SAVE A LIFE BY GIVING BLOOD
JUNE 17, 2023
9:00AM-2:00PM
MEMORIAL AME ZION CHURCH
549 CLARISSA STREET
ROCHESTER, NY
World BLOOD DONOR DAY
IN HONOR OF WORLD SICKLE CELL DAY JUNE 19, 2023

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MENTAL HEALTH AND THE PANDEMIC



Text HOME to 741741 to connect with a Crisis Counselor

NEWLY ADDED MENTAL HEALTH RESOURCES ACCEPTING NEW CLIENTS:

Serena Viktor LMSW (Founder & Therapist @ Pila Hande Wellness Project LLC: ubunturoots@gmail.com (accepting self clients only)

214-772-1036

Danni Jo, LMHC: specializing in Maternal Health Mental Health with a certification in Perinatal Mental Health- 585-420-6174 (accepting new clients)

La Carla Holmes, FPMHNP: commonsensemh.com

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>

<https://bprroc.org/>

<https://www.psychologytoday.com>

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>

BLACK MENTAL HEALTH PROVIDERS

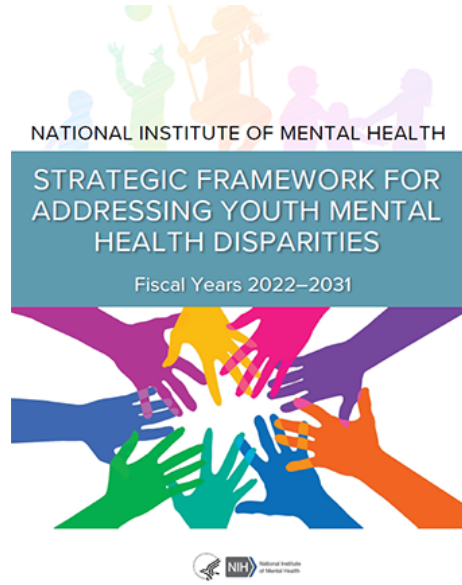
- AALIYAH EL AMIN TURNER, LMHC, NCC** | 585-209-7106
POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.
- ELLI E. ASSIJOBO-TIPOH, LMHC, NCC, BC-TMH** | 585-502-8848
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- KELICIA REED-WATT, LCSW** | 585-454-9334
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- NATURAL RESTORATION COUNSELING AND CONSULTING, JHRI FIGUEROA, LCSW** | 585-629-6760 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES
- NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER** | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES, COUPLES. SOME INSURANCES ACCEPTED.
- SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC** | 585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.
- SYLVIA JOHNSON, LCSW** | 585-271-2520 EXT. 1032
POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.
- TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA PERCY, LCSW** | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.



Sharee L. Gunner, M.S, LMHC
 Licensed Mental Health Counselor
 585-280-4688
 support@newaymentalhealthcounseling.com
 www.newaymentalhealthcounseling.com

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NATIONAL INSTITUTE OF MENTAL HEALTH STRATEGIC FRAMEWORK FOR ADDRESSING YOUTH MENTAL HEALTH



[Explore the Full Framework!](#)

Purpose

The purpose of the National Institute of Mental Health (NIMH) Strategic Framework for Addressing Youth Mental Health Disparities for fiscal years 2022–2031 is to provide a conceptual approach to help guide NIMH activities, including research funding, stakeholder engagement, and workforce development, related to research on the mental health needs of youth impacted by racial and ethnic health disparities. For the purposes of this Framework, “youth” is defined as persons aged 24 and under.

Strategic Framework for Addressing Youth Mental Health Disparities

NIMH initiated the Strategic Framework for Addressing Youth Mental Health Disparities with the overarching goal of advancing scientific knowledge that can be used to inform policies and practices that will reduce mental health disparities in youth by 2031.

This Strategic Framework is structured to align with and supplement the [NIMH Strategic Plan for Research](#) and the [NIH Minority Health and Health Disparities Strategic Plan](#). In addition, the Framework complements the priorities of collaborating NIH Institutes, Centers, and Offices (ICOs), including but not limited to NIMHD and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD). The NIMH Office for Disparities Research and Workforce Diversity developed the Strategic Framework, which was refined based on feedback received at the December 2021 conference [Identifying Opportunities and Priorities in Youth Mental Health Disparities Research](#), co-hosted by NIMH, NIMHD, and NICHD. Through 2031, NIMH may periodically update the Framework based on stakeholder feedback, emerging challenges and opportunities, and research advances.

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CONFERENCES



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BLACK HEALTHCARE PROVIDERS



- <https://bpnroc.org/directory>
- <https://www.jacksonshealth.org/>

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Current 2023 Members

Natasha Blaise	Eunice Opoku-Boateng
Nahmese Bacot	Dr. Sheniece L. Martin-Stancil-El
Sheila Johnson	Dr. Deborah Stamps-Lifetime Member '19
Easter Tucker	Brandi Henderson
Theresa Carter	Jaqlene Bullock
Kamilah Murray	Drew Porter
Victoria Thompson	Vernita Louison
Dr. Mitchell Wharton	Pamela Walker
Bryanna Patterson	Rose Muheriwa
Van Smith	Kashari Snowden
Dr. Wilhelmna Sizer-Lifetime Member '21	Dr. Celia McIntosh
Calisa Gayle	Richard Obeng Antwi
Dr. Natalie Leblanc-Lifetime Member '23	Erin Vernetti
Mariagoretti Oparah	Aisha Mills-Courtwright
Jackie Colon	Ja'Mia Hewitt
Sheila Rogers-Lifetime Member '21	Chanel Parker
Luzann Ampadu	Kristina Santory
Lavern Sleugh-Sharpe	Susie Gatewood
Dr. Yvette Conyers-Lifetime Member'23	Bertha Davis
Eileen Davis	Anissia Calhoun
Andrea Brown Drysdale	Dr. Karen Keady-Lifetime Member '20
Yachica Johnson	Tereice Veiro
Carlye Jones	Tanisha Lewis
Sylvania Pearl	Michelle Windom
Diedra Sutton	Candace Carter
Kristina Santory	Natalie Lewis
Jonathan Lopez	Thomas Ruffing
Ashlynn Boler	Joan Oserogho

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- AD: submit a product description & a link to the product on a word doc

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