

Volume 2, Issue 10 | March 18th, 2022 🖨️

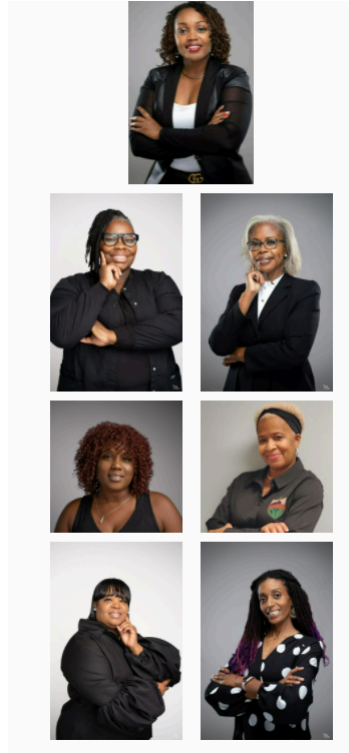
Meet the 2021-2023 Executive Board

Dr. Yvette Conyers-President
Dr. Celia McIntosh- Vice President
Dr. Wilhemina Sizer- Parliamentarian
Samantha House- Recording Secretary

Pam Walker- Treasurer
Yachica Johnson- Historian
Dr. Sheniece Griffin- Corresponding Secretary

[Back to top](#)

Membership Spotlight



"This week I had a one-on-one meeting with the Dean of the UR School of Nursing! We discussed options for my nursing education moving forward. I'm only a first semester student but she wanted to talk to ME about the other programs here at the school that I should and could look into. She noted people that she wanted to connect me with in the realms of consideration for becoming entering a PhD program or going the track of Doctorate of Nursing Practice in Nurse Anesthesia (at another institution), Women's Health, Mental Health, and also information about the Nurse Corps that will pay tuition for these programs...along with other programs in the State of New York. Additionally, the School of Nursing that will cover my entire tuition and even possibly give me a monthly stipend.

Some of these persons are actually Directors of these programs or even current professors that have gone through and teach these specialties.

I feel so much more empowered, confident, and optimistic about my future in Healthcare. "

K. Beasley, MSNM



Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our weekly membership newsletter, please send our corresponding secretary [Dr. Sheniece L. Griffin](#) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter. Deadline for submissions is Thursdays by 12:00pm. Look forward to spotlighting all of your hard work.

[Back to top](#)

Monthly Meeting Information

March 22ND, 2022 6 PM-8 PM

Please note, in order to receive contact

hours, you need to [register](#) click below!!!!

Rochester Black Nurses Association Inc.



Open to all RNs, LPNs, Nursing Students, Retirees and those who support the mission of NBNA

NBNA's mission: To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health

RBNA motto: "The Heart of Community Health: Bridging the Gap" Chapter Meetings occur the 4th Tuesday of the month 6-8pm

Sponsored by University of Rochester, School of Nursing

Meeting topic:

Colorectal Cancer: A Racial and Healthcare Disparity Experienced by Black Men and Women
Wilhelmina Sizer, DNP, RN, ACNP-BC, FNP-BC 7pm (Pre-registration required <https://connect.son.rochester.edu/portal/RBNA>)



Location: Zoom ID 854 4269 2245


When: 4th Tuesday of the month March 22nd, 2022

Time 6-8pm


Join our FB and Instagram @RochesterBNA
Email: Nbna.rochester@gmail.com

Website: rocba.org

Call/Text: 585.210.8374



Rochester Black Nurses Association Inc.



Presents:

*Colorectal Cancer: A Racial and Healthcare Disparity Experienced
by Black Men and Women*

Wilhelmina Sizer, DNP, RN, ACNP-BC, FNP-BC

March 22, 2022


7-8pm following the RNBA March Meeting

This offering will be held virtually. Please [click here](#) to register.

1.0 contact hours

The University of Rochester Center for Nursing Professional Development is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

University of Rochester
Center for Nursing
Professional Development
Provider Unit
Engage • Educate • Enrich





We are asking members to dress in blue in solidarity for Colon Cancer Awareness Month!!

[Back to top](#)

Announcements



Hello Members!! Our [new website](#) is now up and running. You will now be able to renew and pay directly online. Members are encouraged to login and create a username and password. Will not be able to access content without your login and password. Your feedback is also welcomed!!



We are looking to plan our **nurses week events 5/6-5/12** and are *in need of 3-4 additional people to serve on the committee*. There is a tentative list of events scheduled, but I need your help with making this happen. Please contact [Sam House](#) to sign up.

[Back to top](#)

Scholarship & Benefits



In school and in need of financial assistance? Apply for a NBNA Scholarship. You must be a member to apply!

LAST DAY TO SEND: POST OFFICE MARKED BY APRIL 15, 2022
If sending by EMAIL: BY CLOSE OF BUSINESS AT 5:00 pm (EST)

[Apply Now](#)



Better perks. Better savings. More of what makes you happy!

mBB is here to support your personal leisure and entertainment goals with exclusive deals and both ongoing and limited-time offers on the experiences, products, and services you both want and love!



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- 3 Enter your company's mBB ID # to begin saving

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Questions? E-mail us at office@mybetterbenefits.org

[Back to top](#)

MENTAL HEALTH AND THE PANDEMIC

Text HOME to 741741 to connect with a Crisis Counselor

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>


<https://bpnroc.org/>

<https://www.psychologytoday.com>

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>



BLACK MENTAL HEALTH PROVIDERS

AALIYAH EL- AMIN TURNER, LMHC, NCC | 585-200-7106
POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.

ELLI E. ASSIORO-TIPOH, LMHC, NCC, BC-TMH | 585-502-8848
POPULATIONS SERVED: ADULTS & ADOLESCENTS.
SOME INSURANCES ACCEPTED.

FELICIA REED-WATT, LCSW | 585-454-9334
POPULATIONS SERVED: ADULTS & ADOLESCENTS.
SOME INSURANCES ACCEPTED.

NATURAL RESTORATION COUNSELING AND CONSULTING, JINI FIGUEROA, LCSW | 585-629-6750 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES

NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES, COUPLES. SOME INSURANCES ACCEPTED.

SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC
585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.

SYLVIA JOHNSON, LCSW | 585-271-2520 EXT. 1032
POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.


TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA PEAVY, LCSW | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.

[Back to top](#)

Upcoming Events

PUBLIC HEALTH GRAND ROUNDS
Linking Research to Community Health Improvement
 This session is presented in collaboration with the Department of Public Health Sciences, and Center for Community Health & Prevention with additional funding from the UR Clinical and Translational Science Institute

Black Women and Maternal Health Disparities: Addressing the Role of Racism



Ndidiamaka Amutah-Onukagha, PhD, MPH
 Associate Professor, Department of Public Health and Community Medicine, Tufts University School of Medicine

Friday, March 18, 2022
12:00pm – 1:00pm
Zoom Webinar

By providing a historical and current context of how racism exacerbates adverse maternal health outcomes, participants will learn more about how a history of abuse and medical mistrust has created the current context.

At the conclusion of this presentation participants should be able to:


- Understand the purpose of the research conducted at MOTHER lab and its goal in producing practices and programs focused on maternal health, maternal support, and reproductive justice.
- Understand how systemic racism and healthcare infrastructure contributes to the disparities in maternal healthcare for black women and mothers.


Pre-registration for this session is required using the link below:
https://rochester.zoom.us/webinar/register/WN_En1Gor-zStK_MCtw-4kKzEQ

ASL interpreters in attendance
 Contact Carolyn Settlez@URMC.Rochester.edu with questions.

ACCREDITATION - The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

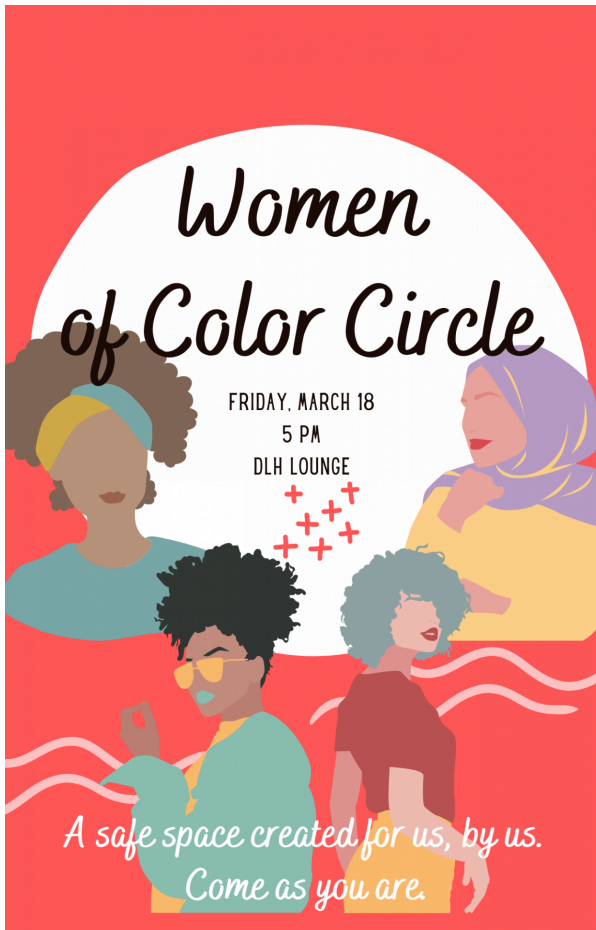
CREDITATION - The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration link and additional information 

MEDICINE OF THE HIGHEST ORDER 

This seminar series is funded in part by the University of Rochester Clinical & Translational Science Institute via grant UL1 TR002001 from National Center for Advancing Translational Sciences (NCATS), a component of the National Institutes of Health (NIH). Additional financial support is provided by gifts to the Department of Public Health Science. All support is gratefully appreciated.

Register Today



Women of Color Circle

FRIDAY, MARCH 18
 5 PM
 DLH LOUNGE

*A safe space created for us, by us.
 Come as you are.*



An Annual Women's Health Awareness Event
 The Sisters Circle is a space in which Black women discuss the importance of knowing their HIV status and taking ownership of their health.

Moderator

Devy Smith
 New York, NY
 American Television Personality and Businesswoman; Author, *Bevelations: Lessons from a Mutha, Auntie, Bestie*

Panelist

Dazon Dixon Diallo
 DHL, MPH
 Atlanta, GA
 Founder and President, SisterLove, Inc.

CLICK TO JOIN
 If you have any questions, please email GileadHIVEvents@cm-propel.com
 Your personal information will be subject to Gilead's Privacy Statement.

f @
 GILEAD | HIV

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 Gilead Sciences, Inc. 333 Lakeside Drive, Foster City, CA 94041

[Maternity Care Workforce Expansion: Creating New Opportunities for Doulas](#)

Date and Time: *March 29, 2022, 1:00-2:00 PM ET*

Doulas offer a critical opportunity to address disparities in maternal mortality and morbidity within Black, indigenous, and Latino populations. As many states seek to improve pregnancy and childbirth outcomes, particularly among people of color, strategies to expand the maternity care workforce and implement an accessible doula network are an increasing priority. For example, New Jersey recently began providing Medicaid coverage of doula services and California is seeking to implement doula coverage as part of broader maternity care improvement activities.

This webinar, made possible by the California Health Care Foundation, will explore challenges and opportunities to expanding the maternity care workforce and highlight the experiences of California and New Jersey in implementing the doula benefit. National and state experts will share key considerations for developing a doula workforce.


Health care policymakers, state officials, doulas and doula organizations, and other interested stakeholders are invited to join this 60-minute event.

[LEARN MORE AND REGISTER](#)

Register Today, <https://tinyurl.com/AnnualConferenceNY>

Annual Health and Human Service Conference

AFFIRMING OUR COMMITMENT:
Addressing Social Determinants of Health through the Lens of Equity



Featured Keynote Speakers

Dr. Shanellle B. Breen PhD
Positive STEPS
www.positivestepsny.com

Pastor George Nicholas
Outreach 4343

March 30th, 2022
9:00am – 3:00 pm EST
Virtual Conference

Afternoon Skill Building Institutes

- Culturally Responsive Practice in Leadership. (Track 2)
- Promoting Parents & Caregivers as Partnering Experts. (Track 3)
- Combating Violence through the Lens of Health and Healing (Track 4)

Our Sponsors




2022 LIFT OFF

EQUITY, DIVERSITY, AND INCLUSION LEADERSHIP SUMMIT

THURSDAY, APRIL 7, 2022

UNIVERSITY of ROCHESTER

Lift Off: Lead. Connect. Transform.
Thursday, April 7, 2022 | 8:00am to 5:00pm
University of Rochester | Rochester, NY

Register for the inaugural equity, diversity, and inclusion leadership summit [TODAY!](#)

The hybrid event—online and in-person offerings—aims to inspire and encourage EDI leaders, practitioners, and activists. *Lift Off* aims to motivate its attendees to understand the nuances of **leading** EDI in their respective spaces; forming new **connections** and **reconnecting** with professional networks, and equipping attendees with the skills to **transform** systems and practices from a model of diversity or equity and inclusion as an isolated initiative to equity and inclusion as a catalyst for institutional and organizational excellence.

[Register Here](#)

The first 100 registrants will receive a special complementary registration box. Dr. Gloria Ladson-Billings is the summit’s inaugural keynote speaker who will share with us the power of ‘asking a different question’ from our respective spaces. In addition, we are delighted to welcome—**Dr. Shaun Nelms**, superintendent of East Upper and Lower Schools, formerly East High School in Rochester, N.Y.; **Dr. Tom Humphries**, American communication and language researcher who coined the term ‘audism’; and **Dr. Jennifer Freyd**, founder and president of the Center for Institutional Courage, Inc. Plus, the summit will feature a host of panel discussions, workshops, innovative spotlights, and wellness opportunities. Register today!

For questions: equityandinclusion@rochester.edu | Phone 585-275-2125
Facebook: @UROEI | Instagram: @UofR_OEI | [OEI Website](#) | [Encompass Newsletter](#)



What: The 5th Annual Interprofessional Education (IPE)Event: Focus on Scleroderma.

When: Wednesday, April 13, 2022

Time: 5:00 -8:00 PM

Location: Virtual-Zoom

This event is being hosted by the Steffens Scleroderma Foundation, Russell Sage College and Albany College of Pharmacy and Health.

Participants will include health professionals, graduate-level health science students, scleroderma patients and caregivers.

Last year, I was invited to join the Steffens Scleroderma Foundation's Education Committee to learn about the IPE program and help to educate others about scleroderma.

The Rochester Scleroderma Support Group has also collaborated with area medical colleges and health organizations to host scleroderma events.

Our goal is to host a similar IPE event with the support of our partners.

The Chairperson of the Steffens Scleroderma Foundation's Education Committee would like to invite you to this year's IPE forum.

This would be an opportunity for our partners to receive an overview of the program to determine the value of hosting an similar event in Rochester.



[Back to top](#)

RBNA Fundraising Activities



Hello! You have been invited by Wilhelmina Sizer to sign up for "Red Wings Concession." Please click on the button below to view the online [sign up sheet](#).

If interested in ordering RBNA apparel, please reach out to our historian, [Yachica Johnson](#)



Shop at smile.amazon.com and they'll donate to Rochester Black Nurses Association , at **no cost to you**.

Amazon donates 0.5% of the price of eligible purchases.

[Get started](#)



RBNA is set up to receive donations from Upstate Bottle Return 2599 E Henrietta Rd 14623, 4742 West Ridge RD Spencerport, or any of the other 7 locations in surrounding areas. Anyone can drop off bottles or cans and specify it is a donation for Rochester Black Nurses Association and we will receive credit. Check their website for locations upstatebottlereturn.com.

RBNA is set to receive donations from Upstate Bottle

Return

Located at:

2599 East Henrietta Rd.

2314 Lyell Ave.

4742 West Ridge Rd.

1694 Penfield Rd.

There are additional locations in Avon, Albion, Brockport, Caledonia, Hamlin, Holley, Medina & Lockport [see more](#)

[Back to top](#)

National (NBNA) News

Calling All LPNs/LVNs



New & Seasoned
Interested in collaborating with other LPNs/LVNs from other states?
Want to Learn about other Career and Leadership Opportunities as an LPN/LVN?



We have just the Place!

Join the NBNA LPN Forum Meeting
When: Every 3rd Monday of the Month
Where: Via Zoom



For more information contact:

LPN Board Member and Forum Chair Kim Cartwright, kimjenice@hotmail.com

or

LPN Forum Co-Chair Sabrina Newton, sabtnew72172@gmail.com



We are Nurses Today, Tomorrow & Always!

National Black Nurses Association

See You
IN CHICAGO!
JULY 26 – JULY 31, 2022
HILTON CHICAGO HOTEL
www.nbna/conf.com

**ARE YOU A COMPETITOR?? WELL SHOW
OFF YOUR COMPETITION SKILLS
AND COMPETE FOR FIRST PLACE WINNER IN
THE NBNA 50 BY 50 MEMBERSHIP AWARDS!!!**

NBNA 50 by 50

AWARDS MEMBERSHIP RETENTION AND GROWTH CAMPAIGN

Theme: Nurses Working Together to Make a Difference

Policy: This campaign is a retention plus growth strategy meaning that we want to retain current 2021 members and recruited an additional 50 members for the 50th Annual Institute and Conference for 2022.

Dr. Marcia Lowe, Membership Chair

Recruit at least one member to receive the "I Recruited a Nurse for NBNA" ribbon at the Dallas, Texas conference

Prize Qualifications and Categories

Individual Licensed Member – (Minimum 15)

*First and Second Prizes will be awarded to any member recruiting the highest number of **NEW PAID** licensed members – minimum of 15*

To qualify for this award, the **RECRUITER's** name needs to be placed on the May 15th membership roster submitted to National by email to: rlazenby@nbna.org before, but no later than Sunday, May 15th.

First Place Winner

- One free NBNA membership (National dues only) for 2023
- One complimentary conference registration for NBNA 2023 – Atlanta, GA
- Two nights complimentary Hotel stay for one at the 2023 NBNA Conference – Atlanta, GA
- A Tablet
- One "I RECRUITED A NURSE for NBNA" ribbon

Second Place Winner

- One free NBNA membership (National dues only) for 2023
- One complimentary conference registration for NBNA 2023 – Atlanta, GA
- One "I RECRUITED A NURSE for NBNA" ribbon

SEE BELOW FOR DETAIL

[Back to top](#)

URMC | Highland Hospital Post-Graduate Training Program

University of Rochester's Highland Family Medicine Nurse Practitioner Residency Program

The University of Rochester Family Medicine Residency Program is proud to offer Family Nurse Practitioner (FNP) graduates 2 unique opportunities with an urban and rural track residency program. The urban track is held on-site at Highland Family Medicine (HFM) and a newly expanded rural track in partnership with Tri-County Family Medicine (TCFM). The NP rural track is supported by HFM and a HRSA grant from the Advanced Nursing Education Nurse Practitioner Residency Integration Program.

Our NP Residency is accredited through the National Nurse Practitioner Residency and Fellowship Consortium (NNPRFTC). The program at HFM and TCFM provides FNP graduates with the training required to meet the needs of culturally diverse and clinically complex patients.

NP Residency Benefits

This 12-month NP residency program provides FNPs interested in working in primary care with a number of advantages. In addition to the paid, full-time residency position, NP residents will:

- Improve clinical confidence required for comprehensive primary care.
- Develop outcome-driven skills to care for high-risk patients.
- Prepare for advanced leadership positions.

Candidate Qualifications

- Recent FNP graduate within 12 months from an accredited Masters or Doctor of Nursing Practice program with a desire to work in primary care.
- National certification in Family Practice
- New York State licensure to practice as an FNP with full prescriptive privileges.
- Registered by the Federal Drug Enforcement Agency to prescribe Category II through V drugs.

Curriculum

The NP Residency has four key components:

Preceptor Continuity Clinics (5-6 sessions per week)

NP residents develop their own patient panel while having a HFM or TCFM clinician as a dedicated preceptor.

Specialty Rotations (2-4 sessions per week)

Rotations may include: Orthopedics, Pediatrics, Geriatrics, Diabetes Care, Urology, Women's Health, Behavior Health, Neurology, Cardiology, Oncology, Pain Management/ Palliative Care, Allergy, Immunology, Rheumatology, ENT, GI, Pharmacy, Psychosocial, Dermatology, or Wound Care.


Mentored Clinics (1 session per week)

NP residents work as a member of a collaborative team and will see patients for acute and episodic care with a dedicated preceptor.


Interprofessional Education Sessions (1-3 sessions per week)

Hands-on learning sessions with Family Medicine Residents focusing on a variety of complex clinical challenges within the primary care setting.

Apply Today:



highland.urmc.edu/NPResidency
2022-2023 application cycle is now open



Postgraduate training program available to FNP graduates who have a strong interest in primary care. Our program was actually one of the first accredited programs for postgraduate training of nurse practitioners through the NNPRFTC.

Briefly about the program; this is a 12-month postgraduate training program for fully licensed FNPs who are beginning their career in family medicine. The goal of the NP residency is to provide confident and competent FNPs to work in primary care. We achieve our goal by providing a yearlong training program to our residents.

There are several key components of the FNP residency.

1. Precepted continuity clinics- This is where the NP residency manages their own patients, with the support of a dedicated preceptor. This increases in a ramped up fashion over the 12 month residency program
2. Specialty rotations- Once a week our residents rotate through specialty offices in the community to learn what resources are available to our patients.
3. Mentored clinics-The NP resident works collaboratively with a NP or MD to care for both acute and chronic patient concerns
4. Interprofessional Education-Interprofessional education happens several times a week with the Family Medicine Residents focusing on complex clinical cases, as well as psychosocial complexities of patients.

Our residency offers two unique tracks. The urban track is held on-site at Highland Family Medicine and the newly expanded rural track is partnered with Tri-County Family Medicine.

We are currently accepting application for the urban track. **Application deadline is March 1, 2022.** If you are interest, please visit our homepage to find the applications: [Highland Family Medicine - Highland Hospital - University of Rochester Medical Center](#)
The application for the rural track will open in March, with an application deadline of May 20,2022.

We have attached our flyer, which provides more details regarding our program. Also, we would be happy to answer any questions. To contact us please email Carissa_singh@urmc.rochester.edu or LuzannC_ampadu@urmc.rochester.edu.

[Back to top](#)

Community Service

Committees in Need of Members Sign Up Today:

- Membership Committee
- Programs Committee
- Mentorship Committee
- Finance Committee
- Scholarship & Awards Committee
- Publicity & Public Relations Committee
- Nominating Committee

[Back to top](#)

Current 2022 Members

Kashari Snowden	Sharon McCalla-Smith
Dr. Deborah Stamps	Feodora Offei
Dr. Karen Keady	K. Beasley
Donn Taylor	Easter Tucker
Tiffany Lewis-English	Bryanna Patterson
Theresa Carter	Melissa Cox
Dr. Sheniece L. Griffin	Mary Starks
Tereice Veivo	Natalie Lewis
Shantis Balkum	Ashlynn Boler
Pamela Walker	Asia Harrison
Nisia Nedd	Shanette Simpson
Jean Marie Vianney Ndagijmana	Erin Verneti
Faith Lambert	Dr. Tanya Wallace-Farquharson
Dr. Wilhelmina Sizer	Sheila Rogers
Dr. Sadandaula Rose Muheriwa	Samantha House
Leighann Collins	Antoinette Coley
Tanisha Lewis	Lee Rickman
Luzann Ampadu	Ja'Mia Hewitt
Brandi Henderson	Dr. Yvette Conyers
Susie Gatewood	Linda Collins
	Xia Hong

[Back to top](#)

Past 2021 Members

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Daniel Giles	Ranae McKenzie
Casey Rosen Carole	Ashley Omoze Aikhuele
Sheila Rogers	Brandi Henderson
Eileen Davis	Lisa Goff
Karen Genett	Susie Gatewood
Myriam Louis	Lavern Sleugh-Sharpe
Wilhelmina Sizer	Bridgette White
Dr. Deborah Stamps	Andrew Porter
Easter Tucker	Tyra Barton
Theresa Carter	Dr. Natalie Leblanc
Lawrence Brumfield	Alexandria Kelley
Mary Starks	Carlye Jones
Devina Horton	Melissa Cox
Sylvania Pearl	Nicole Edegebe
Anissia Calhoun	Tanisha Lewis

Sheila Johnson	Savon Holt
Dr. Karen Keady	LaToya Baldwin
Ja'Mia Hewitt	Bryanna Patterson
Daihlia Beckford Manhertz	Faith Lambert
Rebecca Dellavilla	Omyka Quinn
Aissatou Diakhaby	Jessica Cruz
Marissa Michael	Xia Hong
Lisa Rickman	Natalie Lewis
Asia Harrison	Andrea Johnson
Jean Marie Vianney Ndagijmana	Ashlynn Boler
	Shanette Simpson

[Back to top](#)