

Volume 2, Issue 10 | March 26th, 2022

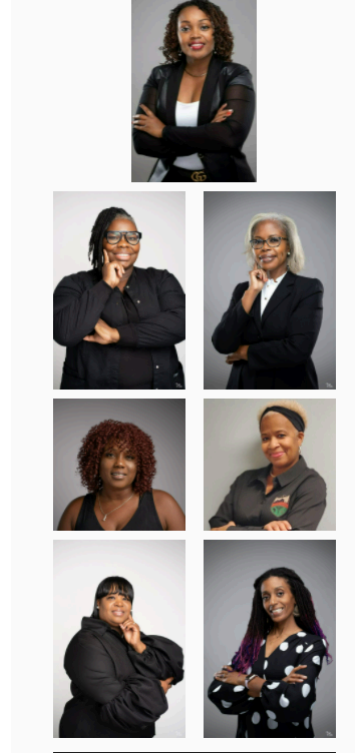
Meet the 2021-2023 Executive Board

Dr. Yvette Conyers-President
Dr. Celia McIntosh- Vice President
Dr. Wilhemina Sizer- Parliamentarian
Samantha House- Recording Secretary

Pam Walker- Treasurer
Yachica Johnson- Historian
Dr. Sheniece Griffin- Corresponding Secretary

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Membership Spotlight



Dr. Sheniece L. Griffin, RBNA's Corresponding Secretary and Membership Chair was nominated by Dr. Mary Carey, professor at the University of Rochester School of Nursing for the Sigma Theta Tau Sigma Theta Tau Epsilon Xi DNP Scholarly Project Award for Spring 2022. Good Luck and Congratulations Dr. Griffin.



Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our weekly membership newsletter, please send our corresponding secretary [Dr. Sheniece L. Griffin](#) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter. Deadline for submissions is Thursdays by 12:00pm. Look forward to spotlighting all of your hard work.

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Monthly Meeting Information

April 26th, 2022 6 PM-8 PM

Planning to meet in person for this meeting at University of Rochester School of Nursing. More details & flyer coming soon.

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Announcements



Announcement: In Good Health interested in hearing from nurses.

Deborah Sergeant writes for In Good Health, which is available in print at Tops and Wegmans. She would like to interview and quote someone from...

[View the full content of this announcement on The Genesee Valley Nurses Association GVNA website](#)

Would like to interview someone from RBNA for In Good Health about:

- What it means to be a nurse. Why did you get into nursing and why is this fulfilling work for you?
- Interview with a long-term nurse. How has the field changed in the 30+ years you have been in nursing? What has stayed the same? Why do you continue in nursing?
- Nurses with interesting hobbies. What do nurses do when they're not at work? I'd talk with a nurse who has very unusual hobbies/interests that patients may not expect. I'm looking for offbeat activities, hobbies and interests, not ones that many people do.

Need to complete interviews by April 13



Hello Members!! Our [new website](#) is now up and running. You will now be able to renew and pay directly online. Members are encouraged to login and create a username and password. Will not be able to access content without your login and password. Your feedback is also welcomed!!

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Scholarship & Benefits



In school and in need of financial assistance? Apply for a NBNA Scholarship. You must be a member to apply!

LAST DAY TO SEND: POST OFFICE MARKED BY APRIL 15, 2022
If sending by EMAIL: BY CLOSE OF BUSINESS AT 5:00 pm (EST)

[Apply Now](#)

**Access your mBB
Employee Perks Today!**

Better perks. Better savings. More of what makes you happy!
 mBB is here to support your personal leisure and entertainment goals with exclusive deals and both ongoing and limited-time offers on the experiences, products, and services you both want and love!



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Your company's mBB ID #
20228492

Questions? E-mail us at office@mybetterbenefits.org

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MENTAL HEALTH AND THE PANDEMIC

Text HOME to 741741 to connect with a Crisis Counselor

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>

<https://bpnroc.org/>

<https://www.psychologytoday.com>

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>

BLACK MENTAL HEALTH PROVIDERS

AALIYAH EL- AMIN TURNER, LMHC, NCC | 585-200-7106
 POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.

ELLI E. ASSIOBO-TIPOH LMHC NCC BC-TMH | 585-502-8848
 POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.

FELICIA REED-WATT, LCSW | 585-454-9334
 POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.

NATURAL RESTORATION COUNSELING AND CONSULTING, JINI FIGUEROA, LCSW | 585-629-6750 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES

NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES, COUPLES. SOME INSURANCES ACCEPTED.

SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC
 585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.

SYLVIA JOHNSON, LCSW | 585-271-2520 EXT. 1032
 POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.

TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA PEAVY, LCSW | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.

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Upcoming Events

Register at www.tinyurl.com/WomenWellness2022

WOMEN'S HISTORY MONTH WELLNESS BRUNCH

BIPOC Partners

KEYNOTE SPEAKER

DR. TARA JABBAAR-GYAMBRAH

Saturday March 26th, 2022
11am-1pm EST

“Conquering the Mind, Body and Soul”

Ebony Burgess **Jackie Dozier** **Deb Hanmer**

Support Provided By:

ESL Wilson Foundation Health Foundation Excellus POSITIVE STEPS

Free event with special envelop donation ask

[Maternity Care Workforce Expansion: Creating New Opportunities for Doulas](#)

Date and Time: *March 29, 2022, 1:00-2:00 PM ET*

Doulas offer a critical opportunity to address disparities in maternal mortality and morbidity within Black, indigenous, and Latino populations. As many states seek to improve pregnancy and childbirth outcomes, particularly among people of color, strategies to expand the maternity care workforce and implement an accessible doula network are an increasing priority. For example, New Jersey recently began providing Medicaid coverage of doula services and California is seeking to implement doula coverage as part of broader maternity care improvement activities.

This webinar, made possible by the California Health Care Foundation, will explore challenges and opportunities to expanding the maternity care workforce and highlight the experiences of California and New Jersey in implementing the doula benefit. National and state experts will share key considerations for developing a doula workforce.


Health care policymakers, state officials, doulas and doula organizations, and other interested stakeholders are invited to join this 60-minute event.

[LEARN MORE AND REGISTER](#)

Register Today, <https://tinyurl.com/AnnualConferenceNY>

Annual Health and Human Service Conference


AFFIRMING OUR COMMITMENT:
Addressing Social Determinants of Health through the Lens of Equity



Featured Keynote Speakers

Dr. SHANELLE B. BEVEN-SCOTT
Pastor GEORGE NICHOLAS

POSITIVE STEPS
WWW.POSITIVESTEPSNY.COM




March 30th, 2022
9:00am – 3:00 pm EST
Virtual Conference

Afternoon Skill Building Institutes

- Culturally Responsive Practice in Leadership. (Track 2)
- Promoting Parents & Caregivers as Partnering Experts. (Track 3)
- Combatting Violence through the Lens of Health and Healing (Track 4)

Our Sponsors




Social Media & Media Training Workshop

Mar 31, 2022 01:00 PM EST

COVID-19 FORUM

Nurse-Led Training and Technical Assistance

Join the National Nurse-Led Care Consortium and media experts from Maven Communications for a special social media and media training workshop designed for nurses. We'll share insights on the Nurses Make Change Happen Campaign and discuss best practices when interacting with the news media and engaging in social media. Media training will include interview prep, how to deliver your message and interview techniques. The social media training will support you in building a social media profile, how to position yourself as a thought leader and how to share content.

Audience: Nurse practitioners, nurse educators, nursing students, new graduates, nursing program administrators and directors

[REGISTER](#)

2022
LIFT OFF
EQUITY, DIVERSITY, AND INCLUSION
LEADERSHIP SUMMIT
THURSDAY, APRIL 7, 2022
UNIVERSITY of ROCHESTER

Lift Off: Lead. Connect. Transform.
Thursday, April 7, 2022 | 8:00am to 5:00pm
University of Rochester | Rochester, NY

Register for the inaugural equity, diversity, and inclusion leadership summit [TODAY!](#)

The hybrid event—online and in-person offerings—aims to inspire and encourage EDI leaders, practitioners, and activists. *Lift Off* aims to motivate its attendees to understand the nuances of **leading** EDI in their respective spaces; forming new **connections** and **reconnecting** with professional networks, and equipping attendees with the skills to **transform** systems and practices from a model of diversity or equity and inclusion as an isolated initiative to equity and inclusion as a catalyst for institutional and organizational excellence.

[Register Here](#)

The first 100 registrants will receive a special complimentary registration box.

Dr. Gloria Ladson-Billings is the summit's inaugural keynote speaker who will share with us the power of 'asking a different question' from our respective spaces. In addition, we are delighted to welcome—**Dr. Shaun Nelms**, superintendent of East Upper and Lower Schools, formerly East High School in Rochester, N.Y.; **Dr. Tom Humphries**, American communication and language researcher who coined the term 'audism'; and **Dr. Jennifer Freyd**, founder and president of the Center for Institutional Courage, Inc. Plus, the summit will feature a host of panel discussions, workshops, innovative spotlights, and wellness opportunities. Register today!

For questions: equityandinclusion@rochester.edu | Phone 585-275-2125
Facebook: @UROEI | Instagram: @UoIR_OEI | [OEI Website](#) | [Encompass Newsletter](#)



What: The 5th Annual Interprofessional Education (IPE)Event: Focus on Scleroderma.

When: Wednesday, April 13, 2022

Time: 5:00 -8:00 PM

Location: Virtual-Zoom

This event is being hosted by the Steffens Scleroderma Foundation, Russell Sage College and Albany College of Pharmacy and Health.

Participants will include health professionals, graduate-level health science students, scleroderma patients and caregivers.

Last year, I was invited to join the Steffens Scleroderma Foundation's Education Committee to learn about the IPE program and help to educate others about scleroderma.

The Rochester Scleroderma Support Group has also collaborated with area medical colleges and health organizations to host scleroderma events.

Our goal is to host a similar IPE event with the support of our partners.

The Chairperson of the Steffens Scleroderma Foundation's Education Committee would like to invite you to this year's IPE forum.

This would be an opportunity for our partners to receive an overview of the program to determine the value of hosting an similar event in Rochester.

Cancer Services Program of the Finger Lakes Region (CSP-FLR) and Elizabeth Wende Breast Care, LLC are co-hosting several free breast cancer screening events for individuals 40 and older who are uninsured.

The first event is Saturday, May 7. Interested individuals are encouraged to call CSP-FLR at (585) 224-3070 to confirm eligibility and secure their spot.

Free Mammogram

For uninsured individuals ages 40+

Saturday, May 7

7:30 - 11:30 a.m.

Elizabeth Wende Breast Care
170 Sawgrass Dr.

Call Cancer Services Program of the Finger Lakes Region at 585-224-3070 to confirm eligibility & make an appointment.

Want to Know More?

The Cancer Services Program of the Finger Lakes Region is committed to helping uninsured members of our community get screened for breast, cervical and colorectal cancer. We also provide free education on these topics! Do you want to know how we can bring these services to your group? Contact our outreach manager at Hannah_Fairly@urmc.rochester.edu.





**CANCER SUPPORT
COMMUNITY
ROCHESTER**

CAMP OPEN ARMS

SAVE THE DATE

AUGUST 15- 19, 2022
9:00AM- 4:30PM
ROCHESTER ROTARY SUNSHINE CAMP
RUSH, NY

.....

KNOW A CHILD AGE 5-12 IMPACTED BY
CANCER OR SICKLE CELL DISEASE?
VISIT OUR WEBSITE
CSCROCHESTER.ORG
REGISTRATION OPENS 3/1

WANT TO VOLUNTEER AS A
COUNSELOR? AGES 17+
Contact Carin Adams at
cadams@cscrochester.org




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RBNA Fundraising Activities



Hello! You have been invited by Wilhelmina Sizer to sign up for "Red Wings Concession." Please click on the button below to view the online [sign up sheet](#).

If interested in ordering RBNA apparel, please reach out to our historian, [Yachica Johnson](#)





Shop at smile.amazon.com and they'll donate to Rochester Black Nurses Association , at **no cost to you.**

Amazon donates **0.5% of the price of eligible purchases.**

[Get started](#)



RBNA is set up to receive donations from Upstate Bottle Return 2599 E Henrietta Rd 14623, 4742 West Ridge RD Spencerport, or any of the other 7 locations in surrounding areas. Anyone can drop off bottles or cans and specify it is a donation for Rochester Black Nurses Association and we will receive credit. Check their website for locations upstatebottlereturn.com.

RBNA is set to receive donations from Upstate Bottle

Return

Located at:

2599 East Henrietta Rd.

2314 Lyell Ave.

4742 West Ridge Rd.

1694 Penfield Rd.

There are additional locations in Avon, Albion, Brockport, Caledonia, Hamlin, Holley, Medina & Lockport [see more](#)

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National (NBNA) News

Calling All LPNs/LVNs

New & Seasoned

Interested in collaborating with other LPNs/LVNs from other states?
 Want to Learn about other Career and Leadership Opportunities as an LPN/LVN?

We have just the Place!

Join the NBNA LPN Forum Meeting

When: Every 3rd Monday of the Month
 Where: Via Zoom

For more information contact:

LPN Board Member and Forum Chair Kim Cartwright, kimjenice@hotmail.com
 or
 LPN Forum Co-Chair Sabrina Newton, sabtnew72172@gmail.com



We are Nurses Today, Tomorrow & Always!



ARE YOU A COMPETITOR?? WELL SHOW
 OFF YOUR COMPETITION SKILLS
 AND COMPETE FOR FIRST PLACE WINNER IN
 THE NBNA 50 BY 50 MEMBERSHIP AWARDS!!!

NBNA 50 by 50
AWARDS MEMBERSHIP RETENTION AND GROWTH CAMPAIGN
Theme: Nurses Working Together to Make a Difference

Policy: This campaign is a retention plus growth strategy meaning that we want to retain current 2021 members and recruited an additional 50 members for the 50th Annual Institute and Conference for 2022.

Dr. Marcia Lowe, Membership Chair

Recruit at least one member to receive the "I Recruited a Nurse for NBNA" ribbon at the Dallas, Texas conference

Prize Qualifications and Categories
Individual Licensed Member – (Minimum 15)

First and Second Prizes will be awarded to any member recruiting the highest number of **NEW PAID** licensed members – minimum of 15

To qualify for this award, the **RECRUITER's** name needs to be placed on the May 15th membership roster submitted to National by email to: elizabeth@nbna.org before, but no later than Sunday, May 15th.

First Place Winner

- One free NBNA membership (National dues only) for 2023
- One complimentary conference registration for NBNA 2023 – Atlanta, GA
- Two nights complimentary Hotel stay for one at the 2023 NBNA Conference – Atlanta, GA
- A Tablet
- One "I RECRUITED A NURSE for NBNA" ribbon

Second Place Winner

- One free NBNA membership (National dues only) for 2023
- One complimentary conference registration for NBNA 2023 – Atlanta, GA
- One "I RECRUITED A NURSE for NBNA" ribbon

SEE BELOW FOR DETAIL

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URMC | Highland Hospital Post-Graduate Training Program

University of Rochester's Highland Family Medicine Nurse Practitioner Residency Program

The University of Rochester Family Medicine Residency Program is proud to offer Family Nurse Practitioner (FNP) graduates 2 unique opportunities with an urban and rural track residency program. The urban track is held on-site at Highland Family Medicine (HFM) and a newly expanded rural track in partnership with Tri-County Family Medicine (TCFM). The NP rural track is supported by HFM and a HRSA grant from the Advanced Nursing Education Nurse Practitioner Residency Integration Program.

Our NP Residency is accredited through the National Nurse Practitioner Residency and Fellowship Consortium (NNPRFC). The program at HFM and TCFM provides FNP graduates with the training required to meet the needs of culturally diverse and clinically complex patients.

NP Residency Benefits

This 12-month NP residency program provides FNP's interested in working in primary care with a number of advantages. In addition to the paid, full-time residency position, NP residents will:

- Improve clinical confidence required for comprehensive primary care.
- Develop outcome-driven skills to care for high-risk patients.
- Prepare for advanced leadership positions.

Candidate Qualifications

- Recent FNP graduate within 12 months from an accredited Masters or Doctor of Nursing Practice program with a desire to work in primary care.
- National certification in Family Practice
- New York State licensure to practice as an FNP with full prescriptive privileges.
- Registered by the Federal Drug Enforcement Agency to prescribe Category II through V drugs.

Curriculum

The NP Residency has four key components:

Preceptor Continuity Clinics
(3-6 sessions per week)

NP residents develop their own patient panel while having a HFM or TCFM clinician as a dedicated preceptor.

Specialty Rotations
(2-4 sessions per week)


Rotations may include: Orthopedics, Pediatrics, Geriatrics, Diabetes Care, Urology, Women's Health, Behavior Health, Neurology, Cardiology, Oncology, Pain Management/ Palliative Care, Allergy, Immunology, Rheumatology, ENT, GI, Pharmacy, Psychosocial, Dermatology, or Wound Care.

Mentored Clinics
(1 session per week)


NP residents work as a member of a collaborative team and will see patients for acute and episodic care with a dedicated preceptor.

Interprofessional Education Sessions
(1-3 sessions per week)

Hands-on learning sessions with Family Medicine Residents focusing on a variety of complex clinical challenges within the primary care setting.



Highland.urmc.edu/NPResidency
2022-2023 application cycle is now open



Postgraduate training program available to FNP graduates who have a strong interest in primary care. Our program was actually one of the first accredited programs for postgraduate training of nurse practitioners through the NNPRFC.

Briefly about the program; this is a 12-month postgraduate training program for fully licensed FNP's who are beginning their career in family medicine. The goal of the NP residency is to provide confident and competent FNP's to work in primary care. We achieve our goal by providing a yearlong training program to our residents.

There are several key components of the FNP residency.

1. Precepted continuity clinics- This is where the NP residency manages their own patients, with the support of a dedicated preceptor. This increases in a ramped up fashion over the 12 month residency program
2. Specialty rotations- Once a week our residents rotate through specialty offices in the community to learn what resources are available to our patients.
3. Mentored clinics-The NP resident works collaboratively with a NP or MD to care for both acute and chronic patient concerns
4. Interprofessional Education-Interprofessional education happens several times a week with the Family Medicine Residents focusing on complex clinical cases, as well as psychosocial complexities of patients.

Our residency offers two unique tracks. The urban track is held on-site at Highland Family Medicine and the newly expanded rural track is partnered with Tri-County Family Medicine.

We are currently accepting application for the urban track. **Application deadline is March 1, 2022.** If you are interest, please visit our homepage to find the applications: [Highland Family Medicine - Highland Hospital - University of Rochester Medical Center](#)
The application for the rural track will open in March, with an application deadline of May 20,2022.

We have attached our flyer, which provides more details regarding our program. Also, we would be happy to answer any questions. To contact us please email Carissa_singh@urmc.rochester.edu or LuzannC_ampadu@urmc.rochester.edu.

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Community Service

Committees in Need of Members Sign Up Today:

- Membership Committee
- Programs Committee
- Mentorship Committee
- Finance Committee
- Scholarship & Awards Committee
- Publicity & Public Relations Committee
- Nominating Committee

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Current 2022 Members

Kashari Snowden	Sharon McCalla-Smith
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Dr. Deborah Stamps	Feodora Offei
Dr. Karen Keady	K. Beasley
Donn Taylor	Easter Tucker
Tiffany Lewis-English	Bryanna Patterson
Theresa Carter	Melissa Cox
Dr. Sheniece L. Griffin	Mary Starks
Tereice Veivo	Natalie Lewis
Shantis Balkum	Ashlynn Boler
Pamela Walker	Asia Harrison
Nisia Nedd	Shanette Simpson
Jean Marie Vianney Ndagijmana	Erin Verneti
Faith Lambert	Dr. Tanya Wallace-Farquharson
Dr. Wilhelmina Sizer	Sheila Rogers
Dr. Sadandaula Rose Muheriwa	Samantha House
Leighann Collins	Antoinette Coley
Tanisha Lewis	Lee Rickman
Luzann Ampadu	Ja'Mia Hewitt
Brandi Henderson	Dr. Yvette Conyers
Susie Gatewood	Linda Collins
Quintella Lauderdale	Xia Hong
Eileen Davis	Dr. Casey Rosen-Carole
Dr. Celia McIntosh	Bertha Davis
Sylvania Pearl	Lavern Sleugh-Sharpe
Joan Oserogho	Anissia Calhoun
Marianna Scott	Caryle Jones

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Past 2021 Members

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Dr. Celia McIntosh- Vice President	Ashley Washington
Dr. Wilhelmina Sizer- Parliamentarian	Linda Collins
Yachica Johnson- Historian	Quintella Lauderdale
Samantha House- Recording Secretary	Dr. Kathy Rideout
Pam Walker- Treasurer	Samaria McClary
Dr. Sheniece Griffin- Corresponding Secretary	Kyanna Bertrand
Kashiyah Washington	Osaricemen Edegebe
Dr. Mitchell Wharton	Shanae McKenzie
Daniel Giles	Ranae McKenzie
Casey Rosen Carole	Ashley Omoze Aikhuele
Sheila Rogers	Brandi Henderson
Eileen Davis	Lisa Goff
Karen Genett	Susie Gatewood
Myriam Louis	Lavern Sleugh-Sharpe
Wilhelmina Sizer	Bridgette White
Dr. Deborah Stamps	Andrew Porter
Easter Tucker	Tyra Barton
Theresa Carter	Dr. Natalie Leblanc
Lawrence Brumfield	Alexandria Kelley
Mary Starks	Carlye Jones
Devina Horton	Melissa Cox
Sylvania Pearl	Nicole Edegebe
Anissia Calhoun	Tanisha Lewis
Sheila Johnson	Savon Holt
Dr. Karen Keady	LaToya Baldwin
Ja'Mia Hewitt	Bryanna Patterson
Daihli Beckford Manhertz	Faith Lambert
Rebecca Dellavilla	Omiyka Quinn
Aissatou Diakhaby	Jessica Cruz
Marissa Michael	Xia Hong
Lisa Rickman	Natalie Lewis
Asia Harrison	Andrea Johnson
Jean Marie Vianney Ndagijmana	Ashlynn Boler
	Shanette Simpson

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