

Volume 2, Issue 21|July 18th, 2022

Announcements



SCHOLARSHIP & AWARDS BRUNCH TICKET SALES END TOMORROW ON JULY 19th!!!! Tickets will not be available for purchase after this date or at the door. Please plan to purchase your tickets SOON!!!



ELECTIONS WILL BE TAKING PLACE THIS FALL FOR BOARD TERM 2023-2025. INTERESTED IN A LEADERSHIP OPPORTUNITY AND READY TO GET OUT OF YOUR COMFORT ZONE. ENTER THE RUNNING FOR A BOARD POSITION OR COMMITTEE CHAIR ROLE (not part of the election process) TAKING PLACE THIS FALL FOR TERM 2023-2025. DONT KNOW WHAT IT TAKES TO BE A PART OF THIS ROLE?? You can either inquiry with the current board member OR review the roles and responsibilities located in your membership BYLAWS.

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Membership Spotlight



Please share something special going on in your life. New job, any accolades/awards received. We want to spotlight your hard work.

If you would like to be spotlighted in our **BIWEEKLY** membership newsletter, please send our corresponding secretary [Dr. Shenice L. Griffin](mailto:Dr.Shenice.L.Griffin) an email. When emailing, please include a photo of yourself, your credentials, and whatever content you wish to share in the newsletter, day changed to Sunday evening's now biweekly instead of weekly. Any time sensitive communication will be sent out immediately. Deadline for submissions is Fridays by 12:00pm. Look forward to spotlighting all of your hard work.

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Upcoming Events

ONLY YOU
can prevent
HUNGER
(and food insecurity)




Join us, via Zoom, for a presentation on how you can assess and address food insecurity and hunger

July 18, 2022 at 7 pm
<https://urmc.zoom.us/j/96032063822>



Presented by: Josh Evans, Rachael Howe, Casey Kelleher, and Caroline Kraus



ROCHESTER BLACK NURSES ASSOCIATION
PRESENTS
SCHOLARSHIP & AWARDS
Brunch
"BREAKING BARRIERS, BRIDGING THE GAP AND BUILDING COMMUNITY"

Keynote Speaker
MS. MAISHA BEARD 12PM-3PM

COSTS \$40 MEMBERS \$60 NON-MEMBERS

PURCHASE TICKETS
AT WWW.ROCBNA.ORG
@ROCHESTERBNA • @ROCHESTERBNA

23
JULY

DAVINCI OF GREECE
1558 W RIDGE RD ROCHESTER, NY 14615

<https://rocbna.org/meetinginfo.php>



Rise Up Rochester Incorporated
Presents a
"Back to School Health and Wellness Fair"
Saturday, August 13th 2022 12 to 4PM
1490 Hudson Avenue Walmart



For more information please call
JaNet Scott (585) 745-0070 or email JScott@ccsi.org; Retha Rogers (585)745-0069 or email RRogers@ccsi.org; Marcella Cunningham (585)745-0073 or email MCunningham@ccsi.org



CAMP OPEN ARMS
SAVE THE DATE
AUGUST 15- 19, 2022
9:00AM- 4:30PM
ROCHESTER ROTARY SUNSHINE CAMP
RUSH, NY

KNOW A CHILD AGE 5-12 IMPACTED BY
CANCER OR SICKLE CELL DISEASE?
VISIT OUR WEBSITE
CSCROCHESTER.ORG
REGISTRATION OPENS 3/1

WANT TO VOLUNTEER AS A
COUNSELOR? AGES 17+
Contact Carin Adams at
cadams@cscrochester.org



THE ROCHESTER ACADEMY OF MEDICINE

Hi everyone.

We are excited to kick-off our nomination process for the Rochester Academy of Medicine's **2022 Annual Awards!**

Our award program continues to grow in size, reach and popularity as we now have 15 awards spread across five newly designed award categories:

- *Lifetime Achievement*
- *Distinguished Service*
- *Academic*
- *Student Scholarship*
- *RAoM Volunteer of the Year*

We are also excited to share that, within the *Student Scholarship* category, we are proud to be partnering with The Rochester Black Nurses Association who is sponsoring a new student scholarship titled the "Ms. Rosa Wims - The Heart of Community Health, Bridging the Gap" award. This scholarship will be bestowed upon an undergraduate African American/Black nursing student. Details of this scholarship are within the link below.

Nominations are being accepted now through September 1, 2022 and you can view a full listing of the awards and nomination process by clicking this link: [RAoM 2022 Annual Awards](#).

The award program will be on **October 18, 2022 at 6:30 PM** both in-person (1441 East Avenue) and live-streamed.

Thank you, in advance, for joining in on the nomination process and we look forward to your submissions for what will most assuredly be an excellent award program in October!

Marc

Marc Ambrosi

Executive Director

Rochester Academy of Medicine

SUMMER PLAY DAYS!

FREE, OPEN RECREATION FOR YOUTH AGES 6-17

Swimming, field trips, gardening, sports & fitness, dance, nature walks, bike rides and so much more! Breakfast and lunch served.

JULY 5 THROUGH AUG. 26, MONDAY-FRIDAY, 8:30 a.m.–5:30 p.m.

Avenue D R-Center, 200 Avenue D • Carter Street R-Center, 500 Carter St.
 Lightfoot R-Center, 271 Flint St. • Douglass R-Center, 999 South Ave.
 Gantt R-Center, 700 North St. • Edgerton R-Center, 41 Backus St.
 Jackson R-Center, 485 N. Clinton Ave. • Ryan R-Center, 530 Webster Ave.
 Tyshaun Cauldwell R-Center for Hope, 524 Campbell St.

For more info, contact:
kendra.hayle@cityofrochester.gov

Rcentral online * Participants must register on R-Central to reserve a place. Visit cityofrochester.gov/r-central

Malik D. Evans, Mayor

City of Rochester, NY
 Rochester City Council

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Monthly Meeting Information



NO CHAPTER MEETING IN JULY! ENJOY YOUR SUMMER

Rochester Black Nurses Association Inc.

Open to all RNs, LPNs, Nursing Students, Retirees and those who support the mission of NBNA

NBNA's mission: To serve as the voice for Black nurses and diverse populations ensuring equal access to professional development, promoting educational opportunities and improving health

RBNA motto: "The Heart of Community Health: Bridging the Gap"

Chapter Meetings occur the 4th Tuesday of the month 6-8pm
 Sponsored by University of Rochester, School of Nursing
 CE topic: Posterior Reversible Encephalopathy Syndrome (PRES), Preeclampsia, and Stroke Presented by: Celia McIntosh, DNP, RN, FNP-C, PMHNP-BC

Location: Zoom ID 854 4269 2245
 When: 4th Tuesday of the month
 August 23rd
 Time 6-8pm

Join our FB and Instagram @RochesterBNA
 Email: Nbna.rochester@gmail.com
 Website: rocbna.org
 Call/Text: 585.210.8374

Once registration becomes open, you will be able to register to receive CEU's for our August Chapter Meeting by visiting: <https://connect.son.rochester.edu/portal/RBNA>

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Scholarship & Benefits

more info coming
check back soon

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CONFERENCES



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MENTAL HEALTH AND THE PANDEMIC



Text HOME to 741741 to connect with a Crisis Counselor

NEWLY ADDED MENTAL HEALTH RESOURCES ACCEPTING NEW CLIENTS:

Serena Viktor LMSW (Founder & Therapist @ Pila Hande Wellness Project LLC: ubunturoots@gmail.com (accepting self clients only)

214-772-1036

Danni Jo, LMHC: specializing in Maternal Health Mental Health with a certification in Perinatal Mental Health- 585-420-6174 (accepting new clients)

La Carla Holmes, FPMHNP: commonsensemh.com

National Suicide Prevention Hotline: 1-800-273-8255

YouthLine: Text teen2teen to 839863, or call 1-877-968-8491

<https://www.mharochester.org/>

<https://www.sankofafamilycounseling.com/>

<https://bpnroc.org/>

<https://www.psychologytoday.com>

<https://www.georgetownbehavior.com>

<https://www.augsburg.edu>

<https://blackmentalhealth.com>

BLACK HEALERS NETWORK
OF GREATER ROCHESTER NEW YORK

BLACK MENTAL HEALTH PROVIDERS

- AALIYAH EL-AMIN TURNER, LMHC, NCC** | 585-209-7106
POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN AND FAMILIES. SOME INSURANCES ACCEPTED.
- ELLI E. ASSIOBO-TIPOH, LMHC, NCC, BC-TMH** | 585-502-8848
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- CELICIA REED-WATT, LCSW** | 585-454-9334
POPULATIONS SERVED: ADULTS & ADOLESCENTS. SOME INSURANCES ACCEPTED.
- NATURAL RESTORATION COUNSELING AND CONSULTING, JHI FIGUEROA, LCSW** | 585-620-6750 | POPULATIONS SERVED: ADULTS, COUPLES, CHILDREN & FAMILIES
- NEW BEGINNINGS PSYCHOLOGICAL SERVICES, DR. STEPHANIE GETER** | 585-287-2426 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES, COUPLES. SOME INSURANCES ACCEPTED.
- SANKOFA FAMILY COUNSELING SERVICES, LCSW, PLLC** | 585-491-6646 | POPULATIONS SERVED: ADULTS, CHILDREN & FAMILIES. SOME INSURANCES ACCEPTED.
- SYLVIA JOHNSON, LCSW** | 585-271-2520 EXT. 1032
POPULATIONS SERVED: ADULTS. SOME INSURANCES ACCEPTED.
- TAKE CARE COUNSELING AND CONSULTING SERVICES, VANESSA PERRY, LCSW** | 585-316-0434 | POPULATIONS SERVED: ADULTS AND ADOLESCENTS.



A NEWAY
MENTAL HEALTH COUNSELING SERVICES, PLLC

Sharee L. Gunner, M.S, LMHC
Licensed Mental Health Counselor
585-280-4688
support@newaymentalhealthcounseling.com
www.newaymentalhealthcounseling.com

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BLACK HEALTHCARE PROVIDERS



- <https://hprroc.org/directory>
- <https://www.jacksonshealth.org/>

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RBNA Fundraising Activities



••
SATURDAY
JULY 9TH
2022
9 AM-12 PM

**ROCHESTER
BLACK NURSES
ASSOCIATION**

CAN & BOTTLE DRIVE

Drive Up & Drop Off

Westgate Park
1489 Howard Rd, Rochester, 14624

*Save
Your
Empties!*




PROCEEDS WILL SUPPORT COMMUNITY INVOLVEMENT BY ROCHESTER BLACK NURSES ASSOCIATION



Hello! You have been invited by Wilhelmina Sizer to sign up for "Red Wings Concession." Please click on the button below to view the online [sign up sheet](#).

If interested in ordering RBNA apparel, please reach out to our historian, [Yachica Johnson](#)



Shop at smile.amazon.com and they'll donate to Rochester Black Nurses Association, at no cost to you.

Amazon donates 0.5% of the price of eligible purchases.

[Get started](#)



RBNA is set up to receive donations from Upstate Bottle Return 2599 E Henrietta Rd 14623, 4742 West Ridge RD Spencerport, or any of the other 7 locations in surrounding areas. Anyone can drop off bottles or cans and specify it is a donation for Rochester Black Nurses Association and we will receive credit. Check their website for locations upstatebottlereturn.com.

RBNA is set to receive donations from Upstate Bottle

Return

Located at:

2599 East Henrietta Rd.

2314 Lyell Ave.


4742 West Ridge Rd.

1694 Penfield Rd.


There are additional locations in Avon, Albion, Brockport, Caladonia, Hamlin, Holley, Medina & Lockport [see more](#)

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National (NBNA) News



THE NATIONAL BLACK NURSES ASSOCIATION
PRESENTS THE
AD HOC COMMITTEE ON END-OF-LIFE CARE



Dr. Marcia Lowe,
NBNA 2nd Vice-President and Chair



Dr. Alma Dixon, Co-Chair

Ad Hoc Committee on End of Life Care Members

Dr. Helen Bhagwandin	Tiffany Johnson
Dr. Alma Dixon, Co-Chair	Dr. Marcia Lowe, Chair
Rev. Dr. Evelyn Collier Dixon	Dr. Ophelia McDaniel
Tribby Barnes Green	Seara McGarity
Rev. Chad Ricks	

End-of-Life Chapter Champions is what the Ad Hoc Committee wants YOU to be!

- End-of-Life Chapter Champions pledge to support the Ad Hoc Committee on End of Life Care in its mission to educate chapters and communities about hospice and palliative care.
- Chapters will be supported by the committee.
- Send your name, phone number, email address, and chapter to Dr. Marcia Lowe at horeckey@aol.com if you want to be an End-of-Life Chapter Champion.

Send Us a Champion!

Calling All LPNs/LVNs

New & Seasoned
Interested in collaborating with other LPNs/ LVNs from other states?
Want to Learn about other Career and Leadership Opportunities as an LPN/LVN?

We have just the Place!

Join the NBNA LPN Forum Meeting
When: Every 3rd Monday of the Month
Where: Via Zoom
For more information contact:

LPN Board Member and Forum Chair Kim Cartwright, kimjenice@hotmail.com
or
LPN Forum Co-Chair Sabrina Newton, sabtnew72172@gmail.com



We are Nurses Today, Tomorrow & Always!



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Community Service

Committees in Need of Members Sign Up Today:

- Membership Committee
- Programs Committee
- Mentorship Committee
- Finance Committee
- Scholarship & Awards Committee
- Publicity & Public Relations Committee
- Nominating Committee

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JOURNAL ARTICLES

Articles that may be of interest to you!!

- [Creating a racial justice plan in a school of nursing: A journey of discovery and learning](#)
- [BarberED then screened: Disrupting the colorectal cancer disparity in urban Black men](#)

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POSTER PRESENTATIONS



Culturally Relevant Nursing Advising to Support Student Excellence in a Predominately White Institution

Yvette Conyers, DNP, MS, RN, FNP-C, CTN-B, CFCN, CFCO

Introduction and Background

- Role of advising and current advising method is not sufficient to meet the needs of our students, especially those who identify as Black/Brown and where English is not the primary language.
- Advising is the role of each faculty member but is not meaningful or relationship oriented. Advising orientation provided in detail
- Faculty Advisor randomly assigned to students as a sophomore during their first semester
- Disconnect between general advising and nursing major advising
- Takes into consideration the student's culture, history, and experiences and requires the advisor to use their comprehensive knowledge to engage with their students across cultural differences
- Acknowledging and addressing issues of race and racism, is important in establishing rapport between the faculty advisor and the student of Color.
- Advisors who engage in this style of advising may see positive student outcomes that result in higher levels of student satisfaction, trust, and feelings of empowerment.

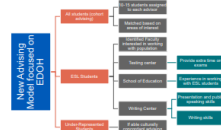
Objective/Goals

- Create a culturally responsive nursing advising model with a focus on under-represented students and those where English is a second language.
- Increase satisfaction of advising for faculty and students
- Create an environment of academic students' success
- Recognize the role informal advising has on faculty tenure and promotion process.

Framework-Inclusive Excellence Ecosystem for Academic Nursing



Implementation Plan



Discussion

- There are no formal evaluation of advisors, and area of change to support the promotion and tenure of faculty.
- Similar to class evaluation by students, advising feedback should be included in yearly evaluations
- It is important to note that advising is not always formal and should be taken into consideration.
- As the only faculty of color mainly in the undergraduate program, students who were mainly from under-represented groups would seek me out for general conversation.
- The feeling of having someone that is relatable and approachable is important to the success of a students

Next Steps

- Review previous evidence for student support in a PWI
- Complete a focus group/survey with current students on their experience with advising. The focus group should include those from under-presented groups and ESL.
- Add informal advising to evaluation of faculty as advisors
- Create advisee feedback tool for students to complete each semester on their advisor.
- Allow time during faculty meetings for advising discussion to review processes. This will allow for accountability of advisors.
- Include students on forming culturally relevant advising to be inclusive from the beginning
- Create stronger relationship between general advisors and nursing faculty advisors
- Be intentional in creating safe and inclusive spaces for students



Scan for References:



Building the Foundation for an Inaugural Nursing Director for Diversity, Equity, & Inclusion Role in an Academic Medical Center		
Shameka L. Griffin DNP, RN, CNL Director for Diversity, Equity, & Inclusion, URM Nursing Assistant Professor of Clinical Nursing, University of Rochester School of Nursing Adult Nursing Practice Co-Chair June 2021		
Introduction & Background <ul style="list-style-type: none"> Inaugural role of Nursing Director for Diversity, Equity and Inclusion (DEI) created and filled in June of 2021. Due to the inaugural role, there is a lack of structure and foundation to build infrastructure and support 	Methodology <ul style="list-style-type: none"> Conducted a needs assessment via observation Identified gaps in current nursing policies and practices Explored the current structure of nursing practice councils Identified early adopters of DEI initiatives Identified current resources gaps Reviewed Professional Nursing Council Cultural & Inclusion Sub-Committee Developed Nursing Practice DEI Advisory Council Identified potential roles and responsibility Proposed timeline for DEI implementation for 6 months Established timeline for DEI initiatives to be implemented 	Nursing Center for Diversity, Equity, & Inclusion Goals <ul style="list-style-type: none"> Design and justify a DEI budget Develop organizational chart for FTE's Provide DEI education through monthly PNAC education series Increase visibility through DEI efforts Organize a Nursing DEI Advisory Council Align mission, vision, & goals with URF's Equity & Anti-Racism Action Plan Create timeline for implementation Explore and assess the Diversity of our nursing workforce Obtain nursing workforce demographic data Obtain community population demographic data Identify gaps or trends in the data Develop strategies for increasing nursing practice workforce diversity
Objectives <ul style="list-style-type: none"> Establish a working foundation for DEI in Nursing Practice at URM Establish mission, vision & goals for Office of Nursing DEI Explore gaps in nursing practice workforce diversity Establish a culture of inclusivity & a sense of belonging Increase awareness on DEI concepts 	Initial Results of Needs Assessment	Diversity, Equity, & Inclusion Organizational Goals <ul style="list-style-type: none"> Short Term Goals <ul style="list-style-type: none"> Implement Monitoring Program for Black Nurses Long Term Goals <ul style="list-style-type: none"> Increase DEI prepared representation at the unit level and leadership representation at the service level Have self-identified DEI champions and representatives Define what DEI prepared representation means Identify tools and resources needed to prepare DEI champions and representatives Establish roles and responsibilities for a successful DEI program within Nursing Promotion of Nursing Practice's Equity & Anti-Racism Action Plan

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2022 GRADUATES



**RBNA Star to recognize:
Mary Starks**

**Degree received: Master's of
Science-Family Nurse Practitioner
College attended : University of
Rochester School of Nursing**



RBNA star to recognize:
Marianna Scott
Degree received: Licensed Practical Nurse
College attended: Isabella Graham Hart
(Honor Society)



RBNA Star to recognize:
Wilhelmina Sizer
Degree received: Doctor of Nursing Practice
(DNP)
College attended : St. John Fisher College

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Current 2022 Members

Kashari Snowden
 Dr. Deborah Stamps
 Dr. Karen Keady
 Donn Taylor
 Tiffany Lewis-English
 Theresa Carter
 Dr. Sheniece L. Griffin
 Tereice Veivo
 Shantis Balkum
 Pamela Walker
 Nisia Nedd
 Jean Marie Vianney Ndagijimana

Sharon McCalla-Smith
 Feodora Offei
 K. Beasley
 Easter Tucker
 Bryanna Patterson
 Melissa Cox
 Mary Starks
 Natalie Lewis
 Ashlynn Boler
 Asia Harrison
 Shanette Simpson
 Erin Verneti

Faith Lambert
 Dr. Wilhelmina Sizer
 Dr. Sadandaula Rose Muheriwa
 Leighann Collins
 Tanisha Lewis
 Luzann Ampadu
 Brandi Henderson
 Susie Gatewood
 Quintella Lauderdale
 Eileen Davis
 Dr. Celia McIntosh
 Sylvania Pearl
 Joan Oserogho
 Marianna Scott
 Dr. Natalie Leblanc
 Yachica Johnson
 Sheila Johnson
 Vernita Louison
 Andrea Brown Drysdale

Dr. Tanya Wallace-Farquharson
 Sheila Rogers
 Samantha House
 Antoinette Coley
 Lee Rickman
 Ja'Mia Hewitt
 Dr. Yvette Conyers
 Linda Collins
 Xia Hong
 Dr. Casey Rosen-Carole
 Bertha Davis
 Lavern Sleugh-Sharpe
 Anissia Calhoun
 Caryle Jones
 Drew Porter
 Michelle Windom
 Marissa Michael
 Sheila Rogers
 Lawrence Brumfield

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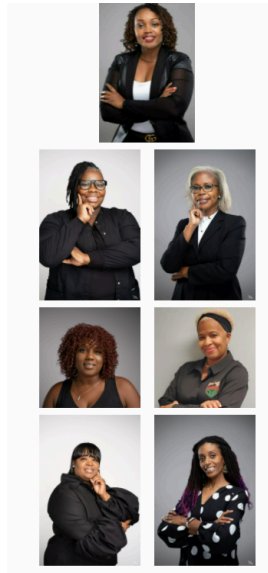
Past 2021 Members

Dr. Yvette Conyers-President
 Dr. Celia McIntosh- Vice President
 Dr. Wilhelmina Sizer- Parliamentarian
 Yachica Johnson- Historian
 Samantha House- Recording Secretary
 Pam Walker- Treasurer
 Dr. Sheniece Griffin- Corresponding Secretary
 Kashiyah Washington
 Dr. Mitchell Wharton
 Daniel Giles
 Casey Rosen Carole
 Sheila Rogers
 Eileen Davis
 Karen Genett
 Myriam Louis
 Wilhelmina Sizer
 Dr. Deborah Stamps
 Easter Tucker
 Theresa Carter
 Lawrence Brumfield
 Mary Starks
 Devina Horton
 Sylvania Pearl
 Anissia Calhoun
 Sheila Johnson
 Dr. Karen Keady
 Ja'Mia Hewitt
 Daihia Beckford Manhertz
 Rebecca Dellavilla
 Aissatou Diakhaby
 Marissa Michael
 Lisa Rickman
 Asia Harrison
 Jean Marie Vianney Ndagijimana

Bertha Davis
 Ashley Washington
 Linda Collins
 Quintella Lauderdale
 Dr. Kathy Rideout
 Samaria McClary
 Kyanna Bertrand
 Ouarneem Edegbé
 Shanae McKenzie
 Ranae McKenzie
 Ashley Omoze Aikhuele
 Brandi Henderson
 Lisa Goff
 Susie Gatewood
 Lavern Sleugh-Sharpe
 Bridgette White
 Andrew Porter
 Tyra Barton
 Dr. Natalie Leblanc
 Alexandria Kelley
 Caryle Jones
 Melissa Cox
 Nicole Edegbé
 Tanisha Lewis
 Savon Holt
 LaToya Baldwin
 Bryanna Patterson
 Faith Lambert
 Onyika Quinn
 Jessica Cruz
 Xia Hong
 Natalie Lewis
 Andrea Johnson
 Ashlynn Boler
 Shanette Simpson

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Meet the 2021-2023 Executive Board



Dr. Yvette Conyers-President
 Dr. Celia McIntosh- Vice President
 Dr. Wilhelmina Sizer- Parliamentarian
 Samantha House- Recording Secretary

Pam Walker- Treasurer
 Yachica Johnson- Historian
 Dr. Sheniece Griffin- Corresponding Secretary

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